

COMMUNITY PLAN

for Ely & Caerau

2024





COMMUNITY PLAN FOR ELY & CAERAU

Introduction: A message from the Ely & Caerau Community Steering Group

The events of May 2023 were unsettling for everyone and prompted an outpouring of community spirit and a determination to come together to make a positive difference in Ely and Caerau.

With an invitation and support from Welsh Government, Cardiff Council and the Police and Crime Commissioner's Office, ACE embarked on a large listening exercise to identify the strengths and struggles of our community and work together to develop a community plan for Ely and Caerau.

We heard from 1,234 people between August and December 2023, in open events, groups, surveys and conversations.

People in Ely and Caerau care deeply about our community and shared a huge range of ideas to help make things better for everyone who lives here.

We gathered almost 4,000 comments across 47 engagements. We grouped the key issues that people raised into six broad themes of feedback:

1. **Children & Young People**
2. **Community Safety & Safeguarding**
3. **Spaces and the Environment**
4. **Health & Wellbeing**
5. **Employment, Living Standards & Cost of Living**
6. **Communication and Community Building**

In spring 2024, we brought together residents, public and third sector partners in a series of community workshops to dig deeper into the issues identified in our community-wide listening exercise.

In these sessions, we reviewed what we had heard, explored ideas and jointly designed actions for change across each of these themes.

Together, these actions form the Community Plan. Each being a positive, tangible action that we think will help to make a difference for local people living in Ely & Caerau.

At every step, this Community Plan has been co-created with residents of all ages, people who work here in the community, and with public and voluntary sector services from across the city. From early mapping sessions in schools and community centres, to our Community Steering Group, made up of local volunteers who live or work in the community, who have met each month to guide, ask questions, and ultimately sign off the 40 actions set out in this Community Plan.

Many of the actions set out in our Community Plan are for local public services, including local schools and the police, to deliver. Some are for local groups and charities to lead on. All of them will be delivered with continued engagement with local people, building upon the relationships and partnerships we have formed over the last year, as we developed the Community Plan.

The Community Plan is a document which brings our efforts together to achieve positive impact on the things that matter for local people. All of its actions respond to the needs and ideas shared by the community, and together we have produced a plan that we believe can make a significant positive difference in the coming years.

*Ely & Caerau Community Steering Group
May 2024*



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This Community Plan can be found online, along with an easy read 10-page summary, at the following web address:

aceplace.org/community-plan



Our Community Plan includes pictures of real Ely & Caerau residents who kindly agreed for their photos to be included. We would like to thank local photographer and Caerau resident Suzie Larke for capturing these images of our community.

HOW WE DEVELOPED THE COMMUNITY PLAN

Background

Action for Caerau and Ely (ACE), a local organisation with a long record of supporting communities in Ely & Caerau, led a community conversation between residents and public services in the city to inform the development of this Community Plan throughout June 2023-April 2024.

Ely & Caerau is a proud and resilient community. In developing the Community Plan, our approach looked to identify and draw upon the existing strengths of the community, Ely & Caerau as a place, and all the fantastic things already happening here, rather than simply identifying problems.

Our Community Plan is an action plan made up of practical steps which will help to deliver positive action in Ely and Caerau.

We wanted to provide an opportunity and space for local people to think about their aspirations for the community, and what we could all do together, particularly to support children and young people, the next generation growing up in the community. This was a clear priority for the people of Ely & Caerau and as a result, much of this Community Plan has a youth focus.

We heard diverse views and ideas for change throughout our engagement. Although this plan will not be able to address everything we heard, the actions set out in this plan have broad support from the community and address specific feedback and issues which consistently emerged in our engagement with residents.

As we have developed the Community Plan, a Community Steering Group has met monthly to advise and support on engagement. The Community Steering Group had the task of agreeing the actions to be included in the final Community Plan document. In their monthly meetings, we asked them to check that the actions proposed reflect what the community have told us, and that they will deliver positive impact locally.

The Community Plan includes actions to increase access to good quality spaces for young people, address concerns around anti-social behaviour and to strengthen mental health support for teenagers, amongst many others.

The Community Plan has 40 actions in total, all of which have the support and commitment from local public services, voluntary sector organisations and residents themselves, to deliver. It is a practical and deliverable set of commitments, agreed collaboratively, and with a 'can do' spirit.

The Community Plan recognises Ely & Caerau as a great place full of amazing people. It is a forward looking and hopeful plan, aiming to enable more good things to happen.

The development of this Community Plan had two phases

Phase 1: Listening Exercise

Over the summer and autumn of 2023, ACE conducted a broad listening exercise with residents, which aimed to understand the strengths, opportunities, and issues that the community could identify locally.

From this engagement, we identified the six action themes for the Community Plan.

Community Plan Themes:

Theme 1: Children & Young People

Theme 2: Community Safety & Safeguarding

Theme 3: Spaces & the Environment

Theme 4: Health & Wellbeing

Theme 5: Employment, Living Standards & Cost of Living

Theme 6: Communication and Community Development

Using the findings from this broad listening exercise, we then designed a schedule of engagement sessions where residents could work with public services to generate ideas for change and develop actions for the Community Plan together.

This approach was important to ensure that we were mobilising and shaping public services to support the delivery of the community's aspirations, and not leaving the community to do it alone. We also wanted to encourage and support the community to think about actions which they could lead or support, working with locally based voluntary sector and community groups.



Phase 2: Community Workshops

Within each theme, public services were briefed on the specific findings of the listening exercise and relevant staff were asked to support the delivery of the community workshops in Phase 2.

We invited education professionals, youth workers, community safety staff including police officers, GPs, headteachers, early years workers and many more, to attend and support these sessions. Each of these staff were able to contribute expertise, advise on funding opportunities and ways to connect and shape services to better serve the community, based on what we had heard.

Staff attending these sessions were asked to bring some initial thoughts on options and solutions, based on the listening exercise feedback, but also to be ready to engage with ideas directly generated by local people in Ely & Caerau, who know the community and place best. This helped to generate fresh and local thinking, make best use of what we already have and ensure a grassroots-led approach.

We also wanted to make sure that the actions in the Community Plan were practical and deliverable, recognising the risk of not meeting expectations and the reality that many services people use and rely on within the community are facing reducing budgets.

The pressures of the Cost-of-Living crisis were also clear throughout the development of this Community Plan, with many in the community feeling the strain on their household budget, describing increasing need for foodbanks and a growing number of people struggling with energy costs.

Despite this landscape, we were able to identify a wide range of actions that we all felt would have a positive impact and contribute towards the desired change.

In keeping with our overall approach for the Community Plan, these sessions were strengths-based and practical, focusing on what we can do, thinking about how we can work differently and maximise our effectiveness and reach.

The sessions also specifically explored community-led actions and throughout this Community Plan, there are actions which will be led by residents with the support of anchor organisations such as ACE, local schools and the wider voluntary sector. Several of the actions that will be led by public services, include a commitment to continue strong engagement with local people on their implementation. For example, the actions to deliver future youth spaces, improvements to green spaces and the delivery of anti-social behaviour interventions in hotspot areas will each actively seek the views and knowledge of local people to ensure we identify the right options.





THOUGHTS!

Join us in shaping the future of our community. Drop in to the Hub and share your thoughts on **Anti Social Behaviour** in the area – your voice matters, and together we can build a vibrant and inclusive community for all.

16/01/2024 - Ely and Caerau Hub, 10am-1pm

18/01/2024 - Ely and Caerau Hub, 1.30pm-4.30pm



WORKSHOPS

Join us in developing actions for the Community Plan. Come along to a workshop to share your thoughts on **Youth Exclusion** in the area – your voice matters, and together we can build a vibrant and inclusive community for all.

📍 CAER Heritage Centre, Church Road, CF5 5LQ

🕒 25/01/24, 10:30am - 2pm

📧 BOOKING IS ESSENTIAL

📧 Communityplan@place.org

FULLY BOOKED

Join us in developing actions for the Community Plan. Come along to a workshop to share your thoughts on **Anti Social Behaviour** in the area – your voice matters, and together we can build a vibrant and inclusive community for all.

📍 Ely & Caerau Community Hub, CF5 5BQ

🕒 22/01/24, 11am - 1pm

📧 BOOKING IS ESSENTIAL

📧 Communityplan@place.org

📧 07722 844442

FULLY BOOKED



This document brings together the 40 actions of the Community Plan, developed through these community workshops and agreed by the Community Steering Group.



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Theme 1: CHILDREN & YOUNG PEOPLE



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 1: Children & Young People	1.1	<p>Deliver the Young Leaders Programme ‘Compass for Life’ at Secondary Schools in Ely & Caerau</p> <p>Young people’s aspirations and those of their parents influence their educational attainment and later life outcomes. Residents of Ely & Caerau told us about the importance of young people in the community aiming high, breaking through barriers and believing in themselves.</p> <p>Ely & Caerau residents also told us about the need to mobilise the community around the goal of doing the best for their young people.</p> <p>In 2024-2025, to activate a community-led effort for the next generation, we will deliver the Compass for Life programme to groups of pupils at Cardiff West and Mary Immaculate Secondary Schools.</p> <p>The Compass for Life programme is backed by evidence that it helps, not just teachers and parents support their children, but really encourages children to raise their aspirations and get to a place where they can start to map out their journey and take responsibility – not just for their education, but their actions and attitudes too.</p> <p>The programme will develop pupils and their parents to become leaders and develop coaching skills so that they can create resilient, safe, and healthy neighbourhoods.</p> <p>The approach also aims to enhance self-awareness and sensitivity towards others through enhanced communication, a desire for life-long learning, alongside physical, mental, social, and emotional resilience with a commitment to drive forward change in the community.</p> <p>Compass for Life encourages young people to ask themselves:</p> <p><i>“What do I want to achieve? How do I bring others with me? What am I going to give back?”.</i></p> <p>Youth Leadership & Aspiration</p>	<p>Secondary School Pupils</p> <p>Parents</p> <p>Whole Community</p>	<p>Cardiff West Secondary School</p> <p>Mary Immaculate Secondary School</p>	Cardiff Council Education Department

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 1: Children & Young People	1.2	<p>Rolling out a curriculum for life for children & young people: Developing life skills and raising aspirations for the next generation</p> <p>Children, parents and residents of Ely & Caerau told us that the education young people receive should also equip them with broader practical skills and the knowledge they need for a successful adulthood. There are excellent opportunities to collaborate on the curriculum in future years, as the new Curriculum for Wales is implemented.</p> <p>The goals of the new curriculum align well with the feedback we heard, with a shared desire to support children and young people to be:</p> <ul style="list-style-type: none"> • Ambitious and capable learners • Enterprising and creative, ready to play a full part in life and work • Healthy, confident individuals, ready to lead fulfilling lives as valued members of society <p>Between 2024-2028, there are opportunities for local schools to work with the community to co-design elements of the curriculum. This could help to realise several things the community wanted to see:</p> <ul style="list-style-type: none"> • Greater visibility and celebration of successful people who grew up in Ely & Caerau to demonstrate young people’s potential and raise aspirations • Sharing the history of the community and area, encouraging pride in place and a confident sense of identity • Getting ready for life after school, understanding the different pathways available including apprenticeships and university, and receiving good quality career advice <p>Youth Leadership & Aspiration</p>	Children & Young People	Across the school cluster in Ely & Caerau	Curriculum Team, Cardiff Council

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 1: Children & Young People	1.3	<p>Widening the horizon: Developing the extra-curricular and activity offer for children & young people</p> <p>One of the best bits about childhood is doing the things you enjoy outside the classroom – joining a football team, learning to dance or playing an instrument.</p> <p>During our listening exercise, the community told us that many young people in Ely & Caerau were often not getting the chance. As a result, they were missing out on the benefits, increased confidence, aspiration, and the wellbeing boost these activities provide. Many people thought that the experiences of interacting and working with others through organised extra-curricular activities could benefit children in later life.</p> <p>We identified barriers which are preventing young people's participation in the existing extra-curricular offer and activities already provided in the community. There was a broad view that increased coordination and visibility of the wide range of activities already on offer could be strengthened, alongside efforts to support young people in the community to access the wider offer available in the city. There are also financial and transport barriers for some young people in the community, which are preventing them from reaching their full potential.</p> <p>In 2024-2025, we will support the local extra-curricular and activity offer with dedicated coordination support. We have also provided in-year funding to support the continuation of the School of Hard Knocks programme for young people and through other actions in this plan, opened up access to additional local spaces in the community to increase provision (See the actions outlined in Theme 3: Spaces & the Environment).</p> <p>This investment will help to make the most of the activities already happening within the community but also connect local young people with opportunities available in the wider city through the Passport to the City programme.</p> <p>Passport to the City is a Cardiff Council programme, funded by the Shared Prosperity Fund, to ensure children and young people from all backgrounds enjoy the world-class amenities Cardiff has to offer. It means young people from Ely & Caerau will be able to access a programme of coordinated horizon-widening trips, projects and events which will help young people realise their dreams.</p> <p>This will include young people in Ely & Caerau participating in our Cardiff Children's University, our flagship programme to expand learning beyond the classroom and encourage young people to consider university study, particularly where they may be the first in their family to do so. In 2023-2024, we partnered with Herbert Thompson Windsor Clive and Trelai Primary School and we will extend our reach in 2024-2025 by working with Cardiff West High School, Herbert Thompson, Hywel Dda, Millbank, Pencaerau, Trelai, Windsor Clive and St Francis Primary schools.</p> <p>The coordination support we are putting in place will also support existing voluntary sector groups, sports clubs and other providers to achieve visibility of what is currently on offer in the area, as well as understanding current gaps in provision within the area and source further funding.</p>	Children & Young People	Across Ely & Caerau Connecting to the wider city and region	Cohesion Team, Cardiff Council & Passport to the City Team, Cardiff Council
		Youth Leadership & Aspiration			



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 1: Children & Young People	1.4	<p>Unlocking Potential: Increasing youth mentoring provision in Ely & Caerau</p> <p>Many residents identified the importance of role models for young people and thought this would make a real difference to the life prospects and self-esteem of children growing up in Ely & Caerau.</p> <p>There is a wealth of evidence suggesting that mentoring in all its forms can offer positive results for mentees. A young person with a positive role model they trust may:</p> <ul style="list-style-type: none"> • Be more likely to attend school • Have better exam results • Have a better overall self-image • Enjoy improved job prospects • Be less likely to commit crime <p>According to the American institution, Mentoring.org, young people who have a mentor are 130% more likely to hold leadership positions once they enter the workforce. They're also more likely to volunteer and maintain a healthy relationship with their education.</p> <p>About 25% of families in the UK are headed by just one parent. A further 100,000 children are cared for completely 'away from home'. This is a huge population of young people who could benefit endlessly from stable, dedicated support.</p> <p>In 2024, we will be asking professionals and leaders from across the city to volunteer a small amount of time each month to make a difference for a young person in Ely & Caerau, building upon established mentoring programmes that operate in both Cardiff West and Mary Immaculate Secondary Schools. We will seek a commitment from the city's Public Service Board to connect leaders within local public services and seek the support of our business community and universities.</p> <p>We will connect with Cardiff Council's Children's Services and work closely with our secondary schools to reach young people who would benefit most from a mentoring relationship.</p> <p>About youth mentoring In general, a youth mentor establishes or follows programmes with young people to help improve their well-being and prospects. This can be on a 1-2-1 basis or in a group setting.</p> <p>A youth mentor might do some of the following:</p> <ul style="list-style-type: none"> • Help set goals and actionable tasks • Support important applications and life events • Offer guidance with difficult decisions • Check in regularly to monitor someone's progress • Support a mentee with training and educational searches 	Target of 45 children matched to a suitable mentor	Across Ely & Caerau	<p>Cardiff Commitment Team, Cardiff Council</p> <p>Cardiff Children's Services</p> <p>Cardiff West Secondary School</p> <p>Mary Immaculate Secondary School</p>
Youth Leadership & Aspiration					



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 1: Children & Young People	1.5	<p>Develop our Community Focused Schools Partnership in Ely & Caerau to maximise the integrated family support offer with local schools</p> <p>The Community Focused Schools model supports strong links between local schools and wider public and community services, strengthens collaboration with parents and makes the most of our collective skills and resources to deliver positive impact for children growing up in relative income poverty.</p> <p>The Community Focused Schools approach seeks to co-locate and connect key services to schools, to support the whole family, and to secure stronger engagement with parents and carers outside traditional hours.</p> <p>Launched in 2023, the school community spoke positively about the impact of the programme so far and wanted to further develop and expand the approach in 2024-2025. To support this, an additional Family Adviser will be resourced through the Shared Prosperity Fund in 2024-2025, focusing specifically on disability, to maximise the reach of the programme in its second year.</p> <p>Through our engagement with local teachers and parents during the development of the Community Plan, we identified several initiatives that we want to progress in 2024-2025.</p> <p>The full detail of these actions will be captured in a Community-Focused Schools Programme: Area-Based Action Plan for Ely & Caerau, developed by June 2024 and will include:</p> <ul style="list-style-type: none"> • Explore and progress opportunities to extend the co-location of advice, play and health visiting services into local schools • Several schools within Ely & Caerau intend to develop and launch foodbank, pantry and laundrette services • Trialling Community Café/ Parent Café approaches within certain schools, to provide a safe environment for parents and carers to provide peer-support, particularly during adolescence • Develop and broaden access to spaces where skills for life can be provided (e.g. Adult Education/ Cooking/ Digital Skills/ Essential Literacy & Numeracy) 	Whole Community Pupils aged 5-18 Parents and Carers	All Primary & Secondary Schools within the Ely & Caerau Cluster	Community Focused Schools Team Supported by: Riverside Advice Health Visiting Service Play Service
		Support for Children, Young People and Families			



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 1: Children & Young People	1.6	<p>Develop a joint, consistent, and sustainable street-based youth provision to ensure relationships can be built with young people</p> <p>Street-based youth work aims to meet young people in places where they spend most of their time – whether in the local park, on a high street, in a shopping centre, or at the bus stop. The team can act as a friendly and trusted face, offering advice and support where needed.</p> <p>The team plays a vital role in promoting the physical safety of young people and their community, deescalating potentially difficult situations and reconnecting young people to local provisions such as youth centres and sports clubs.</p> <p>Residents of Ely & Caerau told us that Youth Work is our most effective tool in the early engagement and diversion of young people who may be struggling with difficult circumstances at home, at school or in the wider community, preventing problems from occurring in the first place and often resolving them when they do emerge.</p> <p>The community saw youth work as a more appropriate first responding service over police in many scenarios and supported the strengthening of the profession, aligning with the wide number of resident-led initiatives and provisions for young people that are being run independently by passionate and committed volunteers.</p>	Whole community Children and Young People	Ely & Caerau	<p>Youth Service Cardiff Council</p> <p>Supported by:</p> <p>Stay Safe Youth Work Team, Youth Justice Service, Cardiff Council</p> <p>Network of Voluntary Sector Partners including, Barnardos, Caerau and Ely Sports Trust, ACE and others through the Youth Action Group</p>

Support for Children, Young People and Families

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 1: Children & Young People	1.7	<p>Introduce targeted link youth worker support for primary school pupils at risk</p> <p>Our engagement with residents identified a need to increase wraparound support for children aged 10-11, where the first signs of vulnerability or risk are being identified.</p> <p>In 2024, Cardiff Youth Services will explore and develop a transition youth work pilot supporting children to make the move from primary school to secondary school.</p> <p>This work will support and engage young children aged 10-11 who are preparing to begin secondary education and introduce them to the Youth Service offer. The Youth Service will provide mentorship and support to increase the confidence and readiness of pupils to progress into secondary school.</p> <p>This approach will have benefits for children who are at potential risk of exploitation or demonstrating any issues with emotional regulation or behavioural concerns which require additional wraparound support.</p> <p>This approach will be developed as an initial pilot, in collaboration with at least one primary school and secondary school within the Ely & Caerau School Cluster. The approach will be evaluated and reviewed to inform the longer-term model of junior youth work approaches and connections between Youth and Play Services with primary schools.</p>	Children aged 10- 11	At least 1 partner primary school and 1 partner secondary school	Youth Service Cardiff Council

Support for Children, Young People and Families

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 1: Children & Young People	1.8	<p>Increasing support for children not attending school, and their families</p> <p>Since 2020, there has been a significant rise in Elective Home Education for young people across the UK.</p> <p>In Ely and Caerau, approximately 40 children across Key Stages 2, 3 and 4 are not currently attending school and local youth-related services have limited opportunities to provide support which could help to improve education outcomes and wellbeing.</p> <p>We heard feedback that the community and local professionals were concerned about the potential vulnerability of these young people and the quality of support currently available.</p> <p>In 2024, we will build a programme of participation and engagement to support these young children, and their families, seeking to increase their integration into the local service offer. For example, this could mean supporting their regular attendance at Cardiff Council Youth Service provision, attending Play Services and parental support programmes provided by Ely & Caerau Children's Centre.</p>	Young people not currently attending a formal or informal education setting & their families	Across Ely & Caerau School Cluster, using North Ely Youth Centre & New Cardiff West Youth Space as connecting spaces	Youth Service, Cardiff Council
Support for Children, Young People and Families					



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 1: Children & Young People	1.9	<p>Launch the Parent Café model in Ely & Caerau: Parent to parent support to keep children safe</p> <p>In 2024-2025, we will launch and develop Cardiff's first ever Parent Café in Ely & Caerau, to strengthen our offer of parent-focused support.</p> <p>This will include training and facilitation support, to create a network of peer-led support and activity, working alongside key partners in the community such as schools and the Ely & Caerau Children's Centre.</p> <p>Strong families are the foundation of strong communities and a strong society. Pressures on many parents of young and teenage children have been increasing over the last 20 years and have intensified during the pandemic. Some of these pressures are financial and will be increased further by the cost-of-living crisis, putting children's well-being and development at risk.</p> <p>Even before the cost-of-living crisis, more than one in three (36%) children in families with a child under five in the UK were living in poverty.</p> <p>Poverty can have a direct effect on children's outcomes through constraints on parents' ability to afford the basics such as food and housing. It can also create parental stress, depression and conflict between parents, which may impede effective parenting and, in turn, affect child outcomes.</p> <p>The pandemic has negatively affected parental mental health and increased inter-parental conflict at a time when parents have less access to support.</p> <p>Over 70% of parents of young children report that being a parent is stressful and that they feel judged as a parent by others. Not all parents receive the support they would like and many face barriers to accessing help. Close to one fifth (18%) of parents of young children have two or fewer people they can turn to locally for help.</p> <p>Parent Cafés foster peer-to-peer family connections and support and have been demonstrated to increase protective factors within the home by 80-95%.</p> <p>Initially guided by trained professionals, the approach equips local parents with the skills to lead and support others in their community. This approach intentionally strengthens social ties between parents and children, among family members, within schools and family-serving programs, and in communities.</p>	<p>Parents of young children</p> <p>Parents of teenagers</p>	Ely & Caerau	Safeguarding Adolescents from Exploitation (SAFE) Team & Children's Services, Cardiff Council

Support for Children, Young People and Families





Theme 2: COMMUNITY SAFETY & SAFEGUARDING

"I got involved in the Community Plan because our priority as the Neighbourhood Policing Team is to build trust and confidence between the local Police and the community, especially with our young people."

Sergeant Jake Lynch
South Wales Police

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 2: Community Safety & Safeguarding	2.1	<p>Disrupting the exploitation of young people: training, community-based support and intervention programmes</p> <p>Our engagement with residents of Ely & Caerau found that many people were concerned about the criminal exploitation of young people within the community, particularly where they were being recruited to transport or sell drugs.</p> <p>In 2024, we will deliver a programme of targeted action in Ely & Caerau to extend the reach of our Safeguarding Adolescents from Exploitation (SAFE) partnership, which focuses on the prevention and disruption of youth exploitation.</p> <p>This will include working directly with residents and professionals in the area to raise awareness of exploitation, the signs to spot and the steps to take to get help for someone at risk or experiencing exploitation.</p> <p>We will deliver sessions directly for young people, parents and youth professionals living and working in the community, supported with campaign and awareness raising materials to raise the profile of existing diversionary and intervention focused services, and provide safeguarding and disruption advice to institutions in the community.</p> <p>Disrupting Crime</p>	<p>Secondary School Pupils</p> <p>Parents</p> <p>Whole Community</p>	Ely & Caerau-school and community settings	Safeguarding Adolescents From Exploitation (SAFE) Team (Cardiff Council & wider SAFE Partnership)

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 2: Community Safety & Safeguarding	2.2	<p>Putting the brakes on nuisance vehicles: Multi-agency enforcement</p> <p>Criminal activity involving off-road bikes is an issue across the UK. There have been incidents of off-road bikes being ridden illegally on roads, in parks, on pavements and in other public spaces, resulting in injuries to both riders and members of the public. There has also been damage to parks, fields, green spaces and private property.</p> <p>Throughout our engagement with residents, off-road bikes were reported to be used to facilitate various crimes, including robbery, theft, and drug dealing.</p> <p>To tackle these issues and the anti-social behaviour that is associated with their use, Cardiff's Community Safety Partnership will support the delivery of a robust enforcement approach to criminal activity that is connected to the use of off-road bikes.</p> <p>This will include</p> <ul style="list-style-type: none"> Increasing and diversifying 'days of action' Increasing partnership visits in the area, and; Improving communications with the community after successful enforcement action is taken. <p>To supplement this local enforcement model, South Wales Police are also engaged in the design of a national strategy on e-bike enforcement to strengthen the tools available and enable an effective, prevention-focused response.</p> <p>Alongside other police forces in the UK, South Wales Police are also working with manufacturers to agree the installation of trackers so vehicles ownership is registered and controlled, meaning these vehicles can only be used in an appropriate and safe way.</p> <p>Disrupting Crime</p>	Community wide	Community wide	<p>South Wales Police</p> <p>Cardiff Community Safety Partnership</p>

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 2: Community Safety & Safeguarding	2.3	<p>Tackling vehicle nuisance through education and community collaboration</p> <p>To support enforcement action around vehicle nuisance and off-road bikes, an effective response relies on the local community sharing information and working in partnership with police. This helps to build a picture of where these issues are taking place and who is responsible.</p> <p>We want to increase the amount of useful community information given to police about the criminal use of off-road bikes, to help to tackle this crime, and to make our streets safer.</p> <p>Ely & Caerau residents are asked to give information about the use of nuisance bikes and where they are being stored anonymously to Crimestoppers, who are only interested in what information callers have, not who they are.</p> <p>This information is needed to build up a picture of what's happening, where and when, so the police can work with the council and other partner agencies to take action.</p> <p>Last year a joint operation saw the seizure of over 20 illegal vehicles. This was thanks to public reports of information as well as partner support and CCTV footage.</p> <p>The laws regarding these types of vehicles and where they can legally be used is complex, and we will also provide information to residents and young people so they can make more informed decisions about their purchase.</p> <p>Together with residents, we will develop a partnership delivery plan to deliver this action which will include actions to:</p> <ul style="list-style-type: none"> • Improve inter-agency reporting and capture methods to enable a more joined-up response to vehicle nuisance • Provide opportunities for educational interventions and information to be given to individuals suspected of owning or operating an illegal vehicle, individuals purchasing (or planning to purchase) e-bikes, young people, and the wider community, and • Explore funding opportunities for educational activities, training, and vocational qualifications <p>Disrupting Crime</p>	Community wide	Community wide	<p>Community Safety Team, Cardiff Council</p> <p>Community Safety Partnership</p> <p>ACE</p> <p>Education</p>



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 2: Community Safety & Safeguarding	2.4	<p>Action on Anti-Social Behaviour Hotspots</p> <p>Anti-social behaviour means a wide range of unacceptable activity and includes things like vandalism, graffiti and fly-posting, nuisance neighbours and intimidating groups taking over public spaces. Left untackled, anti-social behaviour (ASB) can have a devastating impact on communities and individuals.</p> <p>Throughout our community conversation, many residents of Ely & Caerau described the issue of ASB offences within the community and the sense of fear and anxiety they create.</p> <p>We are committed to tackling these issues as a partnership across public services, with the community, through a problem-solving approach.</p> <p>Problem oriented partnerships are an effective way of dealing with persistent crime and public protection issues, which is built on the following principles:</p> <ul style="list-style-type: none"> • Law enforcement agencies deal with a range of community problems, many of which are not strictly criminal in nature • Arrest and prosecution alone- the traditional functions of the criminal justice system- do not always effectively resolve problems • Giving police and partner officers, who have great insight into community problems, the discretion to design solutions is an extremely valuable in solving problems • Police and partners can use a variety of methods to redress recurrent problems • The community values police involvement in non-criminal problems and recognises the contribution the police can make to solving these problems. <p>In 2024-2025, we have secured additional resources through the UK Government's Shared Prosperity Fund to deliver additional community safety interventions in Ely & Caerau, using our problem-solving approach.</p> <p>Together with residents, we will develop an area-based action plan to implement works in key Anti-Social Behaviour Hotspots, identified through community engagement.</p> <p>Areas that emerged within the community conversation include:</p> <ul style="list-style-type: none"> • Mill Road, Mill Road Park, and Mill Road Rec. • Trelai Park • Grand Avenue shops • Church Road Play Area <p>The actions for these hotspot areas will be discussed in community focussed spaces, such as PACT meetings, to ensure actions are necessary and appropriately responsive to the issues identified.</p> <p>Actions may include engaging local businesses with safety programs, such as ShopWatch and Safe Places, identifying and installing environmental improvements in parks and green spaces, and utilising Community Payback schemes to reduce litter contributing to ASB.</p>	Whole Community Those who frequently witness crime or anti-social behaviour in their neighbourhood	Identified hotspot locations	Community Safety Team, Cardiff Council Community Safety Partnership SAFE Police ACE

Anti-Social Behaviour

"It was great to be part of the steering group and have a voice on behalf of the babies, children and families in our community."

Annamaria Bevan
Head of Ely & Caerau Children's Centre



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 2: Community Safety & Safeguarding	2.5	<p>“Yes, it makes a difference”: Increasing crime reporting to keep children and our community safe</p> <p>Crime corrodes the fabric of our communities. Many residents of Ely & Caerau were concerned about levels of anti-social behaviour, visible drug-dealing and wider crime in their neighbourhood.</p> <p>Alongside these concerns, residents of Ely & Caerau described a decline in visible neighbourhood policing, telling us that they see fewer police on the streets.</p> <p>Many residents told us that they did not report crime they witnessed or experienced to the police, with the most common reason given being that people did not think the police would take it seriously.</p> <p>Declining trust and confidence are a population-wide trend but clearly there are particular communities, including Ely & Caerau, where levels of trust are lower than the general population's.</p> <p>Residents wanted to encourage crime reporting so the local crime statistics for Ely & Caerau reflect the reality and would support an effective policing response.</p> <p>To enable this, we will create and promote easy, safe, and accessible ways for the community to anonymously share information and report concerns, particularly to keep young people safe, which was their top priority.</p> <p>This will include:</p> <ul style="list-style-type: none"> • A Fearless campaign for young people regarding knife crime and exploitation • A Crimestoppers campaign, including leaflet drop and online communications • The promotion of Street Safe tool for anonymous behavioural and environmental reporting, which will capture issues regarding drug litter and paraphernalia 	Whole Community Those who frequently witness crime or anti-social behaviour in their neighbourhood	Various settings across the community Delivered via a mix of print and digital media	Community Safety Team, Cardiff Council Community Safety Partnership SAFE South Wales Police ACE
		Police & Community Relationships			



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 2: Community Safety & Safeguarding	2.6	<p>Visible and connected local policing through community & school partnerships</p> <p>Prevention-focused community policing works to the primary goal of working cooperatively with citizens to identify and resolve issues that can affect the quality of life in their neighbourhoods through a prevention-based approach. This approach relies on the relationship between communities and police.</p> <p>Perhaps more than in any other public service, public trust and confidence is essential to effective policing.</p> <p>Some residents of Ely & Caerau described mistrust and a lack of confidence in policing, which was particularly acute amongst young people in the community. A focus on proper neighbourhood policing, with officers who are visible and accessible to the public, is paramount.</p> <p>To build these relationships, South Wales Police will deliver a series of programmes to connect with residents and young people in the community over time.</p> <p>This will include:</p> <ul style="list-style-type: none"> A rollout of the Mini Police programme with years 4 & 5 across 7 primary schools, Herbert Thompson Windsor Clive, Millbank, Trelai, Pencaerau, Hywel Dda, Nant Caerau. This will include working with small groups of pupils to look at community safety problem-solving projects. PCSO engagement with Schools – every PCSO has been allocated a primary school, visiting at the start of the day, helping more children and parents to build relationships of trust with the police. Continuing to understand community perceptions through the South Wales Listens Survey. This will include a bespoke survey for Ely & Caerau, a version of which will be targeted at young people. Residents can also register to receive updates about local policing news, including good news stories regarding crime prevention and enforcement. South Wales Police will support community-led PACT (Partnerships and Communities Together) meetings in Ely, Caerau and Michaelston. A regular PACT meeting has already been established in Michaelston and residents in Ely and Caerau will be invited to participate in our community-safety problem solving projects as outlined in Action 2.4. Develop a Police Youth Volunteer Hub at St. Vincents Centre, where young people can learn about policing, go on trips and get involved in community events alongside police. Regular police drop-in session weekly at Cardiff West Community High School, so pupils can come and chat with PCSOs, building on the existing work to build positive relationships between young people and police. 	<p>Whole Community</p> <p>Those who frequently witness crime or anti-social behaviour in their neighbourhood</p>	Various settings across the community	South Wales Police

Police & Community Relationships



Theme 3: SPACES & THE ENVIRONMENT



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 3: Spaces & the Environment	3.1	<p>Future Youth Spaces: Delivering young people's vision</p> <p>Every young person deserves a safe space where they can enjoy themselves and feel supported and valued.</p> <p>Young people in Ely & Caerau told us that they wish there were more, and better, spaces in their community, where they could access high-quality sports, arts and leisure facilities.</p> <p>Through youth work in dedicated spaces, young people develop the resilience to face challenges and the skills to solve problems. They find confidence to aim high and the determination to become who they want to be. They build positive relationships based on being given the space to talk, an understanding of their own self-worth, and a sense of belonging to something bigger.</p> <p>Cardiff Council has an existing commitment to deliver a new space for young people in Ely, within their current policy framework. Our commitment is to work with the children and young people of Ely & Caerau to develop and design their future youth spaces, equipped with first class facilities, and supported through professional youth work.</p> <p>We will seek capital funding to deliver young people's blueprint for a transformative space that will bring long-term benefits for current and future generations, agreeing a 3-year plan to deliver their ambitions.</p> <p>To begin, we will deliver a broad engagement exercise in the summer of 2024, to help young people dream big and get creative. We will showcase a variety of exciting options and even take them to see some of the amazing spaces that have been delivered elsewhere in the city and the UK.</p> <p>By the end of the summer, we will commit the young people's vision to paper and begin to raise the funds for building and running the space, which will open by 2027.</p>	Children & young people Future generations Wider community	Location to be scoped and agreed with young people	<p>The initial engagement exercise will be delivered by Cardiff Council Development & Regeneration Team</p> <p>As this action progresses, the development will be supported by a partnership of services including Economic Development and the Youth Service</p>

Developing Community Space Assets

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 3: Spaces & the Environment	3.2	<p>Launch a new dedicated Youth Space at Cardiff West Community High School</p> <p>In response to the community's feedback that existing buildings in Ely & Caerau were underutilised and had untapped potential, and that there were insufficient places for young people to meet and socialise indoors, we reviewed the area's assets.</p> <p>This exercise aimed to understand the options that existed within the area and to identify any opportunities to quickly deliver an inviting and modern space for young people in a cost-effective way.</p> <p>In consultation with the school leadership and Youth Service at Cardiff Council, a large space was identified within Cardiff West Community High School. Collectively, we recognised that this zone of the building was not being used as well as it could. With a small amount of investment, this space could become a bustling hub of youth services and support.</p> <p>To realise its undiscovered potential, in 2024, we will develop the Cardiff West School Community Room as a new multi-use venue. This will increase the availability of safe, indoor settings for Ely & Caerau's young people, which will expand the availability of support and provision and bring benefits to the wider community.</p> <p>The conversion of this space will provide a purpose-built, high-quality youth space in Caerau with zones to meet, play, learn and collaborate, including a digital hub. The zones will be flexible to encourage young people to take ownership and use them in creative and innovative ways.</p> <p>The space will be used as a Youth Centre in the evenings and staffed by Cardiff Council's Youth Service, providing an established base for youth work and strengthening the youth offer for Caerau, which residents felt was currently underserved.</p>	Young people aged 11-18 years old	Cardiff West Secondary School	<p>Cardiff West Community High School</p> <p>Youth Service, Cardiff Council</p> <p>With the support of</p> <p>Partner Organisations</p> <p>Community Focused Schools Team</p>

Developing Community Space Assets

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 3: Spaces & the Environment	3.3	<p>Making better use of what we have: Opening up school facilities for community use at Cardiff West Secondary School</p> <p>Many residents of Ely & Caerau told us that there were not enough good quality spaces for young people to play and socialise and that local people could do much more, if only there was somewhere to meet.</p> <p>Schools have a range of facilities, including buildings, staff expertise and practical resources that could be utilised by the wider community.</p> <p>In 2024, Cardiff West Community High School will assume management of the MUGA and 3G Rugby Pitch adjacent to the school, and will create a dedicated role to maximise the use and benefits of these spaces and other existing spaces in and around the school grounds, including:</p> <ul style="list-style-type: none"> • The Multi-Use Games Area (MUGA) • Two dance studios • Sports Hall • 3G Rugby Pitch • Backyard area • Classrooms • Canteen • Main Hall <p>A subsidy will be offered by Cardiff Council for 2024-2025 to increase grassroots access to these spaces, to kick-start this initiative and mobilise a broad community, voluntary and sports-led programme of activities.</p> <p>This action could be further enhanced through Action 6.2, to introduce a community transport scheme and expand access for those who face transport barriers.</p> <p>Local community-led initiatives, using this space, can also be supported through Action 6.4, the dedicated Community Grants Fund for Ely & Caerau in 2024-2025.</p>	Whole Community	Cardiff West Secondary School	Community Operations Manager, Cardiff West Community High School
Developing Community Space Assets					



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 3: Spaces & the Environment	3.4	<p>More safe spaces and support for children, young people and families with St. Vincent de Paul (SVP)</p> <p>Lots of people told us that Ely needs more community spaces for people to socialise, and more support for children and young people.</p> <p>St Vincent's Centre Ely Bridge has been supporting local people since 2021 with social issues including mental health, confidence problems, loneliness, addiction and more. They will continue to run groups and activities to support emotional wellbeing for vulnerable adults, including people in recovery, at the Ely Bridge centre.</p> <p>In 2024, St. Vincents will gain the use of St. Francis Parish Hall on Wilson Road as a centre for children, young people and families. They intend to employ a full time youth worker who will focus on youth mentoring, helping with confidence building, boosting self-esteem and helping young people develop practical life skills.</p> <p>St. Vincents plan to build the activity offer at this St Francis Parish Hall, aiming to develop:</p> <ul style="list-style-type: none"> • Stay and play sessions for early years • Parenting courses • After school clubs for primary school age children • ESOL classes and other courses, including cooking on a budget and barista training. • Community Cafe • Hiring out space to other community groups <p>St. Vincents will also continue their youth mentoring work at Mary Immaculate High School, as well as supporting pupils to develop their own podcast on issues that affect them and promoting good things going on locally.</p>	Children, young people and families and vulnerable adults in Ely and Caerau	St. Vincents Centre Ely Bridge and St. Francis Parish Hall	St. Vincent de Paul (SVP)
		Developing Community Space Assets			



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 3: Spaces & the Environment	3.5	<p>Developing new spaces for outdoor play- EHANGU Project & a community garden space by Ysgol Gymraeg Nant Caerau</p> <p>Throughout our community conversation, we heard feedback about the importance of safe outdoor spaces for children to play and for families to enjoy. In 2024, two projects will be delivered to increase access to outdoor play.</p> <p><u>EHANGU Project</u></p> <p>The EHANGU Project will develop safe, age-appropriate outdoor spaces for play for the under 5's.</p> <p>This will include a playbox scheme with resources that parents can borrow, and children can play with outdoors, to aid learning through play. The complete project has been designed with community members in Ely & Caerau.</p> <p>The target sites are Diana Gardens, Ely & Caerau Children's Centre Garden and Ysgol Gymraeg Nant Caerau community garden.</p> <p>During the development phase, under 5's, dad's groups, parents working with Flying Start, young people from Cardiff West Community High School and community groups from ACE will be involved in the design and build of sites including muddy kitchens, shelters and log circles.</p> <p>From April to August 2024, weekly play activities across the 3 sites will take place to develop and use the spaces, connect parents for peer support and test play activity resources with under 5s.</p> <p>In September 2024, legacy planning will include showcasing and inviting partners to the spaces to encourage broader ongoing use across the community. Evaluation will also take place in September.</p> <p><u>Development of community garden space by Ysgol Gymraeg Nant Caerau</u></p> <p>Ysgol Gymraeg Nant Caerau will continue to work in partnership with the Community Payback team to develop a new garden space for use both by the school and the local community.</p> <p>A new 'Big Box Bwyd' food provision container will open in summer 2024, with planters for children to grow vegetables to contribute to the food provision and fruit trees planted for communal harvesting. Plans for a community kitchen container are underway, dependent on connection to utilities.</p> <p>Ysgol Gymraeg Nant Caerau will develop partnerships with local community groups to ensure the safe green space is used by others outside of school hours and throughout school holidays.</p>	Under 5's Parents Wider community Neighbours of Ysgol Gymraeg Nant Caerau	Diana Gardens Ely & Caerau Children's Centre Ysgol Gymraeg Nant Caerau Community Garden Community Garden	Partnership of organisations and residents including: ACE Ely & Caerau Children's Centre Ysgol Gymraeg Nant Caerau Save the Children Community Payback Team St. Vincent de Paul (SVP) Other community partners
		Developing & Improving Green Spaces			



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 3: Spaces & the Environment	3.6	<p>Improving our Green Spaces & Parks: Improvements for Mill Road Recreation Ground & Archer Road</p> <p>During the summer of 2024, we completed a detailed consultation exercise to explore residents' concerns regarding Mill Road Recreation Ground.</p> <p>Responses in the survey found that the park is not inviting, and the space is being underutilised as a place to meet and socialise due to issues with litter and access.</p> <p>Throughout the community conversation, we received feedback from the community regarding concerns about both Mill Road Recreation Ground and the nearby areas on Archer Road and Wilson Road. These areas have been identified as a priority for green space improvements in 2024-2025.</p> <p>Through the engagement work completed to date, a number of potential improvement actions have been identified by the community and the Council's Parks Service. To progress this, an allocation of funding has been made available through the Shared Prosperity Fund, to deliver a series of improvement actions in 2024.</p> <p>We will engage residents again in designing an area-based action plan for Mill Road Recreation Ground and agree the allocation of these funds for the maximum and most sustainable benefit. We will also continue our engagement with Herbert Thompson and Windsor Clive pupils, who supported our mapping of green spaces and helped to generate our initial ideas. Some early ideas for improvements, based on our conversations so far, are suggested below.</p> <p><u>Mill Road Recreation Ground</u></p> <p>In 2024-2025, the Parks Service will explore three actions to improve this space and have a budget available to realise the area's potential:</p> <p>Furniture: The Parks Service will explore the installation of benches to improve access and enjoyment of this park. Bins will also be installed near to the entrances to control litter within the park.</p> <p>Planting: The Parks Services will discuss the removal of fire-damaged conifer trees and a phased program of treatments to help eradicate the Japanese Knotweed from this site with residents. The Parks Service will look at increased planting to improve the condition of and access to the riverside and identify specific areas for planting in the park.</p> <p>Improved paths: The Park Service will explore constructing new paths and make improvements to existing paths to increase and improve safe access throughout.</p> <p><u>Around the Archer Road Play Area/ Wilson Road</u></p> <p>The Parks Service will identify areas for improvement on Wilson Road near to Archer Road Play area, the Old Ely Youth club (now used by Greenhill school), and the adjacent basketball court.</p> <p>Planting: The Parks Service will identify areas along Wilson Road suitable for planting and the installation of plant boxes. The Park Service will look at extending and improving the condition of existing areas of vegetation in Archer Road Recreation Ground and look to initiate new planting focused on the Ely Learning Centre and play area.</p> <p>Furniture: The Parks Service will explore the installation of benches near the Archer Rd play area to make it more inviting.</p>	<p>Neighbours of Mill Road Recreation Ground</p> <p>Residents and neighbours of Archer Road</p> <p>Wider community</p>	<p>Mill Road Recreation Ground</p> <p>Archer Road</p>	<p>Parks Team, Cardiff Council</p>
		Developing & Improving Green Spaces			

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 3: Spaces & the Environment	3.7	<p>Introduce Litter Heroes: School Litter Picks for a clean and green community</p> <p>Throughout our engagement, many residents raised concerns regarding the prevalence of litter in parks and green spaces. Children we engaged in local primary schools told us that this makes these spaces feel dangerous and unappealing as places to play and enjoy the outdoors.</p> <p>Young people wanted to make a difference by engaging in school litter-picks, delivering spring cleans and enjoying a healthy competition to see which school can collect the most bags of rubbish over the year.</p> <p>Through their partnership with the Co-Op, Barnardo's will support the launch of a locally led litter picking initiative with schools to tackle the litter problem in some of Ely & Caerau's parks and green spaces and to help to strengthen the sense of community.</p>	Whole Community	Identified areas in Ely & Caerau where there is a high prevalence of litter	Barnardo's
Developing & Improving Green Spaces					

"I am immensely proud to have been involved in this community project, helping to shape a promising future for our young people, who are indeed our future."

Gareth West
Resident,
Caerau and Ely Sports Trust and
Project Lead at Barnardos





Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 3: Spaces & the Environment	3.8	<p>Explore the options to increase access to safe and supervised motocross for young people</p> <p>Motocross has seen an exponential growth in popularity in recent years, with many young people in the community enjoying the excitement of riding off-road bikes.</p> <p>Residents told us that the lack of spaces for young people to ride these vehicles in a safe and supervised place, was leading to them being used inappropriately, and causing nuisance behaviours locally.</p> <p>In addition to the enforcement action the community wanted to see, many people thought it was important to think about where children could safely ride these bikes if they wanted to do this, so exploring diversionary options is also a key component of our response to this issue.</p> <p>In 2024, we will deliver a scoping exercise to review access to safe and supervised motocross provision locally and consider how young people in Ely & Caerau can be better connected to existing provisions.</p>	Young people	Community wide / Various settings across the community	<p>Community Safety Team, Cardiff Council</p> <p>Community Safety Partnership</p> <p>Motocross Partners</p>
		Developing & Improving Green Spaces			



Theme 4:
HEALTH & WELLBEING



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 4: Health & Wellbeing	4.1	<p>Increasing dedicated mental health provision for adolescents in Ely & Caerau: Improving access to 1-2-1 support</p> <p>Young people are now more likely to experience a common mental disorder than any other age group – a complete reversal compared to two decades ago when they were least likely to.</p> <p>Throughout our community conversation, residents of Ely & Caerau expressed their concerns about the wellbeing of adolescents and the consequences of poor mental health during childhood. They identified connections with school attainment and the future employment prospects of young people struggling with disorders such as depression and anxiety.</p> <p>They recognised that early support for adolescents, and mental health support effectively connected and integrated into schools would support young people to better manage their thoughts and feelings and provide the building blocks for a hopeful future and fulfilling life.</p> <p>An additional Well-being Practitioner will be recruited to improve access to pre-statutory mental health support services for adolescents in Ely & Caerau. This service will be delivered by Barnardos and will align with our enhanced youth work and Early Help/Team around the School link worker.</p> <p>The practitioner will use an enhancing wellbeing approach using positive psychology to support individuals.</p> <p>These may include the following concerns:</p> <ul style="list-style-type: none"> • Low level emerging difficulties with thoughts, behaviours and feelings that are impacting upon wellbeing • Family relationship difficulties • Anxiety or depression • Bereavement and loss 	Young people experiencing poor mental health	Ely & Caerau wide provision	Barnardo's
		Increasing Access to Mental Health Support			

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 4: Health & Wellbeing	4.2	<p>Early help for adolescent wellbeing: introducing open-access drop-in sessions with local schools</p> <p>In addition to the 1-2-1 support that will be provided by Action 4.1, through the Barnardo's & Co-Op partnership, in 2024, the local Barnardo's team will develop and launch open-access adolescent well-being groups in Ely & Caerau schools.</p> <p>There will be no criteria or threshold to access this support, and a professional facilitator will support the participating young people to discuss anything which is causing them concern.</p> <p>This action was identified directly by local young people, who told us that there were too many barriers to access mental health support, and little available in terms of preventative and early-stage support.</p>	Young people experiencing poor mental health	<p>1st Phase Cardiff West</p> <p>2nd Phase will involve surrounding high schools.</p>	<p>Barnardo's Project Lead</p> <p>Natalie Davies Youth Worker: From Mid-April</p>
		Increasing Access to Mental Health Support			

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 4: Health & Wellbeing	4.3	<p>Communicating the health & well-being offer for children & adults: Well-being fairs, raising the profile through community groups & improving our reach</p> <p><u>Well-being Fairs</u></p> <p>The South West GP Cluster (Ely, Caerau, Canton and Riverside) will hold a community health fair twice a year, rotating around locations. The first will be on 13th May 2024 in Western Leisure Centre. Residents can meet those involved in providing local services from health, leisure and the community (65 stalls in total) and find out about local support to improve physical and mental health and wellbeing, including lots of helpful workshops.</p> <p>ACE will support promotion of this event.</p> <p><u>Raising the profile of wellbeing support and social groups available to promote improved mental health</u></p> <p>To get the word out about support people can access locally, we will also invite local groups and services to make short videos with clear subtitles to advertise wellbeing opportunities on a video loop in GP surgeries across Ely and Caerau.</p> <p>Screens currently show slide decks and include Public Health messaging and 5K your way. Videos will help people overcome barriers to accessing support- reducing anxiety by showing what the building looks like, what to expect from primary care services and other forms of support available before an appointment.</p> <p>Guidance from Cardiff People First will be shared to ensure they are accessible for most people.</p> <p><u>Promoting the health and wellbeing offer for young people</u></p> <p>In 2024, we will raise awareness of available services, particularly self-referral access points, with young people through PSE lessons, form teachers in High schools and with Cardiff Youth Services.</p> <p>We will also work to raise awareness amongst local professionals by linking up the Youth Action Group (YAG) and Learning Partnership Board (LPB) and raise awareness amongst parents through school messaging systems and local Facebook groups.</p> <p>A one-stop community website (Action 6.1) will also contribute to better awareness of available support.</p> <p>Improving Health & Wellbeing Support</p>	Patients in Ely and Caerau	Western Leisure Centre and other locations GP surgeries	SW GP Cluster ACE Yourspace, & Community Engagement Teams

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 4: Health & Wellbeing	4.4	<p>A warm welcome masterclass: sharing lived experience to equip GP practice staff to better support vulnerable patients</p> <p>Participants in our community workshop on Mental Health and Wellbeing suggested that GP receptionists could be equipped with the knowledge to identify and support patients experiencing poor mental health.</p> <p>They are the first voice patients hear when they call the surgery and the first face they see when they visit. As a patient's care begins the moment they answer your call, receptionists are a key part of the primary health care system.</p> <p>To support this action, the South West GP Cluster will deliver training during the summer training session, with support from the ACE Health team, to reception staff from 9 surgeries to support receptionists, as frontline staff, engage vulnerable patients struggling with their mental health.</p> <p>Increasing Access to Mental Health Support</p>	GP surgery frontline staff Patients	GP Surgeries	SW GP Cluster Health Team at ACE

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 4: Health & Wellbeing	4.5	<p>Mobilising the power of community to improve health & wellbeing: Delivering a Social Prescribing partnership with local GPs</p> <p>Feedback in our Mental Health and Wellbeing Community Workshop stressed the importance of one to one, personal support for people struggling with their mental health. Participants also suggested people need extra support to overcome the barriers of anxiety and low confidence when they are trying to access support or join a group for the first time.</p> <p>YourSpace provides 1:1 social prescribing support and works to develop new community-led wellbeing activities across South West Cardiff.</p> <p>The team of Wellbeing Connectors support people to identify what matters to them and take steps to improve their wellbeing, making us of the activities and services available within their community.</p> <p>They use a supportive signposting approach, helping patients to find activities in the community and working with them to remove any barriers to attending, usually going along with them on their first visit to a group. These include social groups, art, gardening and fitness groups and relevant courses.</p> <p>The Community Development Team, at ACE, works with the local community to develop new activities, to meet needs and fill gaps.</p> <p>YourSpace is a project of ACE (Action in Caerau and Ely) which works closely with the Cardiff South West Primary Care Cluster, taking direct referrals from GP practices and other local service providers.</p> <p>In 2022/23, 508 patients were referred to YourSpace, with the main reasons of referrals being mental health and wellbeing, social isolation, debt and stress.</p> <p>ACE added Young Persons' Wellbeing Connectors to the YourSpace team in 2023, who have recently established weekly drop in wellbeing sessions at Cardiff West Community High School, following feedback that many young people may struggle with their wellbeing but are less likely to seek help from their GP. YourSpace will continue to work closely with the school and other agencies to ensure a joined-up approach to supporting people's wellbeing in the community.</p>	People who need support with their wellbeing	Ely, Caerau, Canton and Riverside	YourSpace Team, ACE
		Increasing Access to Mental Health Support			





Theme 5: EMPLOYMENT, LIVING STANDARDS & COST OF LIVING

"I think it's really important that the community feel they have a voice, and more importantly, are being heard"

Soraya Kelly
Family Engagement Officer,
Cardiff West Community High School

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 5: Employment, living standards & cost-of-living	5.1	<p>Launch the Youth Community Fridge & Food Strategy Partnership with local schools</p> <p>The Barnardo's & Co-Op partnership will support the development and launch of a new community fridge, supported by and specifically for local young people, to help them access food and eat well through the cost-of-living crisis. The partnership will also look to deliver monthly 'social kitchens' where young people can come together to cook and eat.</p> <p>The first phase of this project will include scoping with advice from Food Sense Wales and Cardiff Council, to identify a suitable venue and ensure we are meeting requirements for food safety.</p> <p>These actions were identified directly by local young people, who told us they wanted free and accessible food and safe spaces to eat food with other young people.</p> <p>Food Strategy Partnership with local schools</p> <p>School Snack Scheme</p> <p>The School Snack Scheme provides schools with vouchers to obtain food for pupils & families that they identify are in a crisis situation. The schools utilise the funding to create food parcels for families or to purchase food for pupils who would not otherwise have a healthy snack to enjoy during the school day. Alongside this support, schools are also able to make a priority referral for families to access the support of the Money Advice Team to ensure families are maximising their household income, accessing all available grants and provide support with household budgeting.</p> <p>So far, the Scheme has provided £6,300 of funding supporting 375 families / pupils in 2022 – 2023 and £13,950 of funding supporting 1016 families / pupils in 2023 – 2024. The Council is currently awaiting confirmation of a third year of funding and intends to run this successful scheme again in Ely & Caerau if possible.</p> <p>Family meals project</p> <p>Many families are struggling to find the money, time and skills to prepare healthy meals from scratch.</p> <p>Alongside existing food provision projects in local schools, Windsor Clive Primary will trial a family meals project, where parents come together at the school to learn to cook a meal, with free ingredients provided, and then share the meal with their children at the end of the school day, before going home with recipe packs to support them to recreate the meal at home.</p> <p>Several schools within Ely & Caerau are currently developing food bank proposals and are working with the Community Focused Schools Team to partner with the Cardiff Food Network.</p>	<p>Those affected by the cost-of-living crisis</p> <p>Children and parents</p>	<p>North Ely Youth Centre</p> <p>Schools across Ely & Caerau</p>	<p>Barnardo's</p> <p>Advice Services in Partnership with Schools</p> <p>Family Engagement Officers</p>
		Food Access			



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 5: Employment, living standards & cost-of-living	5.2	<p>Delivering the Young Person's Guarantee: Supporting young people not in education or employment to get a good start in life through dedicated programmes</p> <p>The Young Person's Guarantee (YPG) is the Welsh Government's key commitment to provide everyone aged 16 to 24, living in Wales, with support to gain a place in education or training, help to get into work or self-employment.</p> <p>The YPG provides an umbrella structure that sits above Welsh Government funded programmes for young people, aiming to fully utilise existing interventions, and to create a straightforward journey for young people regardless of circumstances and background.</p> <p>Locally, we are strengthening dedicated support for young people not in education or employment through a range of new programmes with our higher education and voluntary sector partners, funded via the UK Government's Shared Prosperity Fund, including:</p> <p><u>Barnardo's- NEET Engagement and Wellbeing Service for Young People</u> A new project providing integrated support to young people aged 15-24 sustaining education and/or progressing into employment</p> <p><u>Cardiff & Vale College - STARN (Supporting Those at Risk of NEET)</u> An initiative that will support learners at the College who are at risk of disengaging and becoming NEET to remain in education or access an employment pathway.</p> <p><u>Princes Trust- Enterprise Programme</u> A tailored programme to provide self-employment support to young people who are economically inactive or NEET.</p> <p>Each of these programmes will align with Cardiff Council's IntoWork Youth Mentors, who provide intense mentoring and support, helping young people to secure sustainable employment. Each young person engaging with the Youth Mentor service will have their own mentor who will meet them at a convenient local place.</p> <p>Note: <i>Research into the factors associated with higher risk of NEET at age 18-25 has highlighted several issues best addressed at an earlier age, such as school attendance, exclusion and low attainment at GCSE. However, there is limited evidence on what works to improve employment outcomes for young people in this age group. To address this, our other actions listed under Theme 1 of the Community Plan will help to work with younger children at the earliest stage to address attendance, exclusion and attainment issues.</i></p>	Young people not in education or employment	Across Ely & Caerau	Barnardos CAVC Princes Trust Enterprise Programme Into Work Youth Mentors

Increasing Employment Opportunities for Young People



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 5: Employment, living standards & cost-of-living	5.3	<p>Delivering apprenticeships, jobs and training through major local developments and employer partnerships: Our Cardiff Commitment</p> <p>Residents and young people told us that they did not feel that the investment and change taking place in the wider city was always generating benefits for them. There was a feeling of being locked out of opportunities and that employers were missing out on the skills and talents of local young people.</p> <p>With several major development projects scheduled for delivery in the city in the coming 5 years, both residents and local public services were keen to ensure that the construction of new homes and world-class facilities across the city applies a targeted approach to ensure tangible benefits for young people in Ely and Caerau in the form of apprenticeships, training, and jobs,</p> <p>The construction and engineering sectors were identified as a key focus for apprenticeships and upcoming career opportunities for local young people in future years.</p> <p>To deliver this action, we will be asking the Cardiff Commitment Programme Board, the strategic partnership with responsibility for realising the benefits of major developments and employer partnerships for the young people in the city who stand to benefit the most from these employment opportunities, to include Ely & Caerau as a key target area in their forward plan for 2024-2025 and years to come.</p> <p>This will enable the employment and training opportunities emerging from these developments to reach young people in the community. This action will be reinforced by a broad and consistent approach to social value, aligning the benefits connected with all other major development projects happening in the city to young people in Ely & Caerau and the wider Southern Arc of the city.</p> <p>This action will be delivered in partnership with local schools, development partners and multiple Council teams, who will drive forward our joint pledge to create employment and training opportunities for the young people who will benefit from them the most and convened through the Cardiff Commitment Programme Board.</p> <p>There is an opportunity to build upon the successful Construction Project delivered by the Cardiff Commitment team in 2023-2024, where young learners at Cardiff West Community High School met employers from the sector and attended site visits.</p> <p>All sixth form pupils at Cardiff West have also benefitted from a work experience placement offer for the summer of 2024-2025 following the successful launch of our What's Next Award. This opportunity will provide students with employability skills, engagement with employers and work experience relevant to their areas of study. The objective is to enrich the traditional work experience offer available to students and align the opportunity with their chosen A-level subjects as well as providing a programme of learning to further promote successful transitions into education, employment or training.</p> <p>This action will also be supported by our Into Work Team.</p> <p>Into Work Advice Service's Onsite Construction Academy that provides work experience supports people who are interested in working in the construction sector. The Academy provides a five day accredited training course and a qualification focussed on the sector, a 2 week work experience placement on a live construction site and support to secure work with Tier 1 contractors and their supply chains.</p> <p>The Into Work Advice Service will;</p> <ul style="list-style-type: none"> • Host a dedicated Onsite Construction Academy sessions in Cardiff West quarterly • Work with partners to promote Onsite Construction Academies • Deliver taster sessions across community locations with local partners / schools • Use dedicated Social Value Officer to create work placement opportunities 	<p>Young people entering the labour market</p> <p>Unemployed adults</p> <p>Wider community</p>	<p>Key city development projects including the construction of a new Arena in Cardiff Bay</p> <p>Local developments including:</p> <ul style="list-style-type: none"> • Former Michaelston College Site • Park View Health & Well-Being Centre 	Cardiff Commitment Programme Board
		Increasing Employment Opportunities for Young People			

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 5: Employment, living standards & cost-of-living	5.4	<p>Business Partnerships with local schools: connecting young people to the jobs of tomorrow</p> <p>The Cardiff Commitment is a citywide alliance of employers from growth sectors of the economy, Higher Education, Further Education, 3rd Sector and schools who seek to harness the economic, cultural and social capital of Cardiff for the benefit of children and young people. This collaboration of partners secures opportunities which raise ambitions and develop the skills needed for the world of work to support pupils to fulfil their potential and contribute to the economic growth of our city.</p> <p>Cardiff West Community High School forms part of this alliance and runs a regular Business Partnership Forum to design initiatives to connect young learners to the jobs of tomorrow.</p> <p>Businesses need future employees to have a range of skills, knowledge and experience which enable them to meet the digital and green skills challenges and adapt to hybrid patterns of working. Knowledge and skills development must begin at school. From basic skills in numeracy, literacy and digital skills to essential skills and experience of the workplace – businesses can play their part in supporting children prepare for their future career.</p> <p>Through school-business partnerships, businesses can provide their expertise and resources to enrich the school curriculum, expand opportunities for career development and allow students to learn in a more diverse and sophisticated education environment. This partnership builds upon approaches to careers education, information, advice and guidance to address issues of sector perception and promote the key sectors as viable career options.</p> <p>The partnership aims to promote better co-operation and closer alliances between the business sector and the school, and has a range of fantastic projects planned for 2024 with the support of the Cardiff Commitment team including:</p> <ul style="list-style-type: none"> • Work experience days with PwC scheduled for August 2024 • Debate Mate 12 week Pilot Core Programme to upskill young people with key 21st century skills: communication, problem-solving, leadership, teamwork, critical thinking, confidence • Channel 4 'Have a Go' programme, encouraging students to choose TV production as a career path • PACE Project- Promoting careers in the healthcare profession • Partnership with Ely & Caerau Children's Centre to run an 'Open Your Eyes' Week, promoting career options within the Early Years sector • Work experience at Ely & Caerau Children's Centre for 6 pupils from Cantonian, Mary Immaculate and Cardiff West High Schools • Volunteer placements at Windsor Clive Primary through the Bright Start IntoWork programme for young people leaving care • LCB Group Construction Site visits to Sevenoaks Road 2024-25 • Pupils at Cardiff West Community High School will also work with school staff and partners to co-design a jobs fair with businesses and organisations, with hands-on experiences and activities. Early planning for this was led by young people at a community workshop to develop actions under the theme of employment and training • Unite 4 Youth, a project of The Gloves Are On charity, is connecting businesses with Cardiff West High School to set up apprenticeships and support routes to job opportunities for pupils. Caerdav is an MRO and pilot training company based at the St Athan – Cardiff Airport Aerospace Enterprise Zone. Caerdav will be taking on their first two apprentices from Cardiff West in summer 2024. They are also inviting 16 pupils to an open day in May 2024. Unite 4 Youth hopes to continue expanding apprenticeship opportunities with plumbing and electrician businesses. • The Black Police Association is working with The Gloves Are On and Race Council Cymru to deliver SPARK, an initiative to cultivate leadership skills, fostering positive relationships between youth and the police. <p>A forward plan for delivery of the Cardiff Commitment programme in 2024-2026 is currently in development. This will also include the expansion of the supported employment pathway, providing work experience and connecting with growth sectors to provide a talent pipeline.</p>	Young People Employers	Across Ely & Caerau	Cardiff West Community High School Cardiff Commitment Team Business Partners
		Increasing Employment Opportunities for Young People			

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 5: Employment, living standards & cost-of-living	5.5	<p>Launching Industry Nights in Ely & Caerau</p> <p>In 2024-2025, we will extend our successful Cardiff Commitment Industry Nights programme to Ely & Caerau.</p> <p>The Youth Service Industry Nights aim to inspire young people in their local evening youth service provisions to explore and gain a greater understanding of the breadth of education and/or employment opportunities available within highlighted industries that young people have expressed an interest in.</p> <p>The key principles of this programme are:</p> <ul style="list-style-type: none"> • Businesses provide insight into specific departments and roles • Young people engage with fun and innovative activities • Events are relaxed, breaking down barriers between young people and employers or educators • Events occur once a term during the academic year • They are delivered on the same night as Youth Clubs to encourage attendance <p>Increasing Employment Opportunities for Young People</p>	<p>Children and Young People</p> <p>Employers</p>	<p>Local Youth Service Settings including North Ely Youth Centre & the newly launched youth space in Cardiff West Community High School</p>	<p>Cardiff Commitment Team, Cardiff Council</p>



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 5: Employment, living standards & cost-of-living	5.6	<p>Targeted employment support for those furthest from the labour market and increasing health-employment collaboration for those struggling with mental health or disability</p> <p>When it comes to supporting people into work, there is no one size fits all approach.</p> <p>Everyone's circumstances are different, meaning we need a truly tailored and holistic employability support offer.</p> <p>Some residents in Ely & Caerau described complex barriers which are preventing them from working, even though they want to. This included mental health, disability, caring responsibilities, and childcare.</p> <p>Those who are furthest from the labour market often need a more intensive and wide-ranging package of support. Whilst there is a strong existing relationship between local into-work services, DWP advisers and voluntary sector initiatives, there are opportunities to strengthen connections between employment and health systems, as mental health and disability were identified as the key barriers to work for most people.</p> <p>The Into Work Advice Service will provide dedicated employment mentoring and training support using Communities for Work+ and Shared Prosperity Funding to deliver targeted interventions for those furthest away from the labour market.</p> <p>Engagement Officers will work with residents and community organisations to identify individuals or groups who require support, developing an understanding of local needs.</p> <p>For people who are furthest away from the job market, Into Work Advice Service has Adult and Youth Mentoring teams who can provide bespoke employment support for individuals.</p> <p>All mentors have access to a training fund to remove barriers to employment. Mentors can access barriers funding to assist individuals with travel, interview clothing and childcare (for up to 3 months upon starting employment).</p> <p>Employer Liaison Officers within Into Work Advice Service develop relationships with local employers to create opportunities for individuals engaging with Employment Mentors. This includes delivering specific recruitment events for targeted groups such as refugees or individuals over the age of 50+. Alongside this, Volunteer Placement Officers aim to create work experience opportunities for those who require more experience prior to accessing employment opportunities.</p> <p>CardiffWorks have also launched a 3- 6 month subsidised placement scheme to support those engaging with Into Work Advice Service to undertake a temporary employment opportunity with the Council. Individuals furthest from the job market can struggle to secure employment due to little or no work experience and the placement scheme aims to allow candidates develop their core skills in a supportive work environment.</p> <p>To improve support to local people Into Work Advice Service will;</p> <ul style="list-style-type: none"> • Deliver dedicated employment fairs in the West of the city • Host engagement events once a quarter to promote support available to local communities • Increase presence across Cardiff West expanding job club provision • Work with local partners to promote Cardiff Works 4 You and volunteering opportunities 	Those struggling with mental health or disability	Throughout Ely & Caerau	Into Work Services, Cardiff Council
		Employment support for adults			

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 5: Employment, living standards & cost-of-living	5.7	<p>CAER Heritage and learning centre: a community centre responding to local needs for training and skills development</p> <p>Participants in one of our community workshops, which focused on the development of actions relating to jobs and training, highlighted the need for a dedicated training centre for adults in the area, as a central point to find out about courses, get support and have free internet access.</p> <p>As part of a new learning partnership project, with 3 years funding secured from Cardiff University, ACE's CAER Centre Development Officer and Cardiff University's CAER Community Partnership Co-ordinator will establish the CAER centre on Church Road as a hub for community learning and discovery.</p> <p>This will open up new opportunities for people of all ages and build and develop new partnerships between ACE and organisations to be able to provide a range of learning opportunities, activities and courses.</p> <p>Since January 2024, ACE has been working with multiple partners to develop new community learning opportunities including Cardiff University, Careers Wales, Open University (Open Learn), Literacy Trust, and Cardiff Met, and continues to seek potential partnerships to contribute to the learning programme going forward.</p> <p>So far, courses include cooking skills, Start your own business course, Careers in Childcare course, Carers' career progression course and, in June, a new Environment and Sustainability life skills course.</p> <p>Through the Shape your Future bespoke in-work progression project, ACE is collaborating with Cardiff Council Adult Community Learning to build a programme of courses that support people to progress in work, develop their own business or change career directions.</p> <p>Digital Communities Wales are providing laptops and tablets for people who don't have access to come and use in the centre.</p> <p>When the Community Partnership Co-ordinator takes up the post in May 2024, the CAER team will be working with community members to identify learning and training needs, bringing courses and learning opportunities to the centre with a flexible programme in response to the needs in the community.</p>	Adults and young people	CAER Heritage and Learning Centre	CAER learning partnership project (ACE and Cardiff University)
		Employment support for adults			



Theme 6: COMMUNICATION & COMMUNITY BUILDING



Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 6: Communication & Community-building	6.1	<p>Connecting and collaborating: Seek funding to deliver a community directory and website</p> <p>A good directory is a knowledge hub that builds connections between residents, community groups and services. It empowers community engagement and charts community assets and resources in an online noticeboard that is of benefit to everyone.</p> <p>Throughout the development of the Community Plan, many people identified the importance of communicating what is taking place in the community to maximise the impact of everyone's efforts.</p> <p>To take this forward, in 2024, ACE will lead the development of an easy access online community directory that will serve as a one-stop shop, highlighting opportunities available to people of all ages in the community. The website will provide a straightforward, easy to navigate interface, accommodating all community members, even those with limited internet experience.</p> <p>Sustainable funding will be sought to ensure the website can be well managed and maintained into the future.</p> <p>A centralised calendar of events can be incorporated into the directory so community members can enter events, course dates, meetings and announcements, and the public can stay informed of what is happening locally, to increase participation rates.</p> <p>Communication</p>	Whole community Multiple stakeholders	Online	Community Engagement Team, ACE Partner Organisations

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 6: Communication & Community-building	6.2	<p>Develop a model for Community Transport in Ely & Caerau & source funding</p> <p>Throughout our engagement we heard about the transport barriers faced by many residents of Ely & Caerau. Many local organisations were interested in developing and sharing resources to create a community transport scheme in the area.</p> <p>For many people, community transport is their only means of getting to and from a medical appointment. It plays an important part in tackling social isolation, maintaining well-being, and enabling people to access health services. It's especially important for older people and those with disability or mobility issues, but also for younger people and families who lack their own transport and need to get to college, commute to work and access social facilities.</p> <p>In places where community transport schemes exist, there are demonstrable social and economic benefits. A recent report found that through its role in alleviating loneliness and social isolation, and thereby mitigating the related costs to the National Health Service, community transport could save the NHS between £0.4bn and £1.1 bn a year. Community transport also supports local economies through enabling people to access retail and other services on the high street. One study estimated that for every pound invested in community transport, almost £9 was spent in the local economy.</p> <p>A community-led minibus service will improve access to existing facilities across the area and enable local services and charities to increase their reach and impact.</p> <p>To take this idea forwards, ACE will support the development of a partnership funding bid for e.g. 2 9-seater electric minibuses, fully wheelchair accessible, with secure parking/charging point/solar panels, which could be shared amongst community partners and schools. In the year ahead, they will support the design of a suitable shared-use model to enable a local partnership to schedule use of these vehicles and maximise their benefit.</p> <p>Community-Building</p>	Whole community Likely to provide particular benefits for young people, older people and those with disabilities	Whole community	Community Engagement Team, ACE

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 6: Communication & Community-building	6.3	<p>Develop local active citizenship through the continuation of our Community Steering Group and Community Plan partnership</p> <p>So many people in Ely and Caerau are using their time, energy, motivation and skills to make great things happen in the community. To continue to build upon the strong collaboration and local solution-finding generated by the Community Plan process, ACE's community engagement team will support local groups and residents to develop sustainable frameworks in 2024-25.</p> <p>ACE will work to:</p> <ul style="list-style-type: none"> Continue the Community Steering Group as a mechanism to ensure delivery of the Community Plan and provide coordination support to other great things happening in the community. Support the development of grassroots groups and organisations and connect them with the skills to secure funding and bring in volunteers to sustain their work. Facilitate ongoing community engagement and co-production for key initiatives throughout the Community Plan, including 1.2 Community Focused Schools, 3.2 EHANGU Project & 3.6. Future Youth Spaces. Foster continued partnership between local public and voluntary sector services and residents of Ely & Caerau. Develop a new partnership to explore ideas and funding for a community transport resource (6.2) and community website (6.1). Support community members to contribute to an area-based action plan in ASB hotspots (2.4) and use this process to support emerging community leaders to organise ongoing, regular PACT meetings in Ely and Caerau. 	Whole community	Ely & Caerau	Community Engagement Team, ACE
		Community-Building			

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 6: Communication & Community-building	6.4	<p>Celebrating and taking pride in our community through a programme of community festivals</p> <p>Many residents in Ely & Caerau talked about the strong sense of community and identity in the area. They told us about the sense of pride and resilience within the community, and that many dislike the way their community is often portrayed as 'troubled' and without a sense of hope. Media portrayals of the community were generally seen as unfavourable and unfair.</p> <p>People told us about the importance of community engagement in building community resilience, pride, sharing experiences and building understanding. They identified that community activities enhance people's health and wellbeing through empowerment, strengthen local social networks, encourage mutual respect and provide a sense of purpose, meaning and belonging.</p> <p>In 2024, we will support residents and local organisations to deliver events and activities which will further foster this sense of community.</p> <p>A series of community events that bring people together to celebrate Ely and Caerau and extend the reach of support and activities that are being delivered in the area and wider city, including many of the actions referenced throughout this plan, will be delivered.</p> <p>This will include, for example, a Community Health Fair (Action 4.3), an ACE Summer event, One Community's Festival of Fun and Glamorgan Wanderers Family Fun Day, and a Football youth festival at Cardiff West Community High School being delivered by Cardiff Youth Service.</p> <p>Funding is available via Action 6.5 to support small local organisations to get involved.</p>	Families Whole community Parent / Community Consultation	Various locations incl. Western Leisure Centre, Cardiff West Community High School.	ACE SW GP Cluster Cardiff Youth Service
		Community-Building			

Theme	Action code	Action	Who will benefit?	Where?	Who will deliver this action?
Theme 6: Communication & Community-building	6.5	<p>Deliver a dedicated Community Grants Scheme for Ely & Caerau in 2024-2025</p> <p>In 2024-2025, Cardiff Council will run a dedicated round of their Cohesion Fund to support grassroots community-led initiatives in Ely & Caerau to promote cohesion and connection in the community, with a total of £17,500 available.</p> <p>Organisations and partnerships between multiple organisations will be able to bid for small grants with a value of between £500-£2500.</p> <p>Partnership bids will be considered up to a value of £5,000 but must demonstrate reach and impact.</p> <p>A number of skills sessions will be offered during the application window, to support grassroots organisations to draft high quality bids and receive advice and information on the criteria against which the bids will be assessed.</p> <p>The grants scheme will align with wider community activity where possible, such as action 6.4. to support community festivals.</p> <p>An independent community member will be appointed to the decision-making panel to score applications with coordinating council officers. The funding criteria will be published in the accompanying guidance.</p>	Whole Community	Ely & Caerau	Cohesion Team, Cardiff Council

Community-Building

"I think it's really important that the people of Ely and Caerau have had the opportunity to have their say about what we need, and what we want, within our community."

Ceri-Ann Gilbert
Resident, Family Engagement & Support Officer, Windsor Clive Primary School




WHAT NEXT?

The actions set out in our Community Plan were received by the Cardiff Public Services Board and the Ministerial Group established to support this work, on 14th May 2024. The Welsh Government and local public services confirmed their commitment to see the Community Plan delivered for the benefit of all residents, offering their full support.

In 2024-2025, Our Community Steering Group will continue to meet quarterly, to receive updates on the implementation of our Community Plan, and Cardiff's Public Services Board will continue to provide support and oversight to ensure these commitments are delivered for the community of Ely & Caerau.

We hope that this plan forms the foundation of long-standing partnerships, provides learning, and creates positive impact in the years to come.

We thank all residents and partners who supported the development of the Community Plan for the energy and ideas they contributed. Developing this plan has been a positive process, mobilising lots of new activity and bringing together lots of the great work already happening in the community, but its completion is just the beginning of our work together.



*"The development of this
Community Plan is so
important because the
work leading up to writing
has enabled many new
relationships to flourish
between different parts
of our community which
will bring a really positive
influence to future work
in Ely and Caeran."*

Canon Jan Gould
Church of the Resurrection,
Resident

