

# COMMUNITY PLAN

*for Ely & Caerau*

2024-2025

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**Theme 1: Children and young people**

**Theme 2:Community Safety and  
safeguarding**

**Theme 3: Spaces and Environments**

**Theme 4: Health and wellbeing**

**Theme 5: Employment, living  
standards and cost of living**

**Theme 6: Communication and  
community building**



## Theme 1: Children and young people

## Action point: 1.1 – Deliver 'Compass for Life' young leaders programme

### What have you done?

- Delivered **6x** Compass for Life sessions to both high schools.
- C4L Programme agreed between organisation and both High Schools:  
Additional work around supporting these specific learners with 'extra' opportunities:
- Engaged with Cardiff Met regarding basketball opportunities – Cardiff Met have delivered **5x sessions** for learners in Mary Immaculate & Cardiff West.
- Engaged with Cardiff University department of Computer Science for transition outreach programs to work with **all year 6 pupils** that feed into high school.
- Organised half-term trips for **150 people** and community steering group meetings.

### How many people have benefitted?

- **10 young people** provided the opportunity to attend Wales rugby match.
- **160 pupils** in Year 7 at Cardiff West have now received **6x sessions** from the Compass for Life team with another one being planned for the summer term.
- Mary Immaculate = 3x groups of 65 pupils, all Year 7 = **195 learners** per C4L session topic.

### Next steps/Legacy?

- Continue CFL sessions and expand engagement opportunities.
- Request interest from community groups for April 2025.
- Train community members in Compass for Life Train the Trainer sessions.

**Highlight:**

... **Compass For Life has allowed pupils to work on their aspirations by identifying their 'North Star' and highlighting what characteristics they will need to foster to be successful in life.**

## Action point: 1.2 (a) – Develop a curriculum for life: Life Skills (Food Hour)

### What have you done?

Worked with Public Health Wales to launch the 'food hour' in Year 4 & 5 classes.

- Schools have sessions comprising a full day of dietetic-led activities, including nutritional education, cooking recipes, making sustainable bird feeders, and growing resources.
- Partnerships with Cardiff + Vale UHB Dietetics to lead on the food hour and shape curriculum in **6 Ely/Caerau primaries**.
- Trained **6x TAs** in a food qualification to ensure sustainability even if funding goes.
- Provided **3 x parenting cooking classes** and healthy meals on a budget. Total numbers attended = **50 support adults**.
- Developed classroom curriculum resources like cookery courses and made available via Curriculum Team Support pages on Hwb.
- Linked with Passport to the City for family opportunities relating to food/cooking.

### How many people have benefitted?

- Schools: **300 year 4 pupils** in the following schools and numbers within the cohort: Millbank (30 pupils), Trelai (60 pupils), Herbert Thompson (60 pupils), Windsor Clive (60 pupils), Hywel Dda (60 pupils), Pencaerau (30 pupils).
- **10 classroom practitioners** trained plus **10 support staff** within these schools have received training.

### Next steps/Legacy?

- Continue to develop and refine the curriculum.
- Expand the food hour initiative to more schools.
- Strengthen partnerships with PHW & UHB Dietetics.
- Explore additional funding opportunities to sustain and grow the program.
- Output resources available for **all schools** via Hwb pages.

# Highlight



... By introducing the 'Food Hour' in targeted primary schools, we have been able to collaborate with external partners, learners and the wider school community to develop resources that can be accessible in coming academic years. This has been a programme that has allowed learners to work with their supportive adults and foster a positive relationship around health and nutrition directly linked to Health & Well-being AoLE.

## Action point: 1.2 (b) – Develop a curriculum for life: Life Skills (Mini Police) (linked to 2.6 - Police and school partnerships)

### What have you done?

- Mini police programme was put forward for a national crime beat award (UK) with endorsement from the High Sheriff.
- 5 Cardiff Met criminology students completed work experience placements in primaries.
- Training sessions on substance use and managing conflict.
- Collaborated with SWP to showcase the positive effects of Mini Police and contributed to 2x PCSO training sessions.
- Created work booklets & resources for all 70 engaged learners.

### How many people have benefitted?

- 7x Groups of 10 pupils established in each of these schools: Windsor Clive, St Francis, Hywel Dda, Pencaerau, Herbert Thompson, Millbank, Nant Caerau.
- 70 pupils from across the above schools engaged with training and action monthly.
- 7x monthly engagements within the local community.

### Next steps/Legacy?

- Continue playground leaders training to remaining Ely & Caerau schools as well as already engaged schools – Become a rolling programme for specific year groups.
- Roll out the 'Mini Dragons' program to Ely/Caerau primary schools.
- Liaise with schools and partners to accommodate visits and ensure they are timetabled into school diaries.

# Highlight



...This programme has not only had a direct impact on the community around each of the involved schools, but the 'Mini police' programme was put forward for a National Crime Beat Award (UK) with endorsement from the High Sheriff.

# Lead: Passport to the City team, CC

## Action point: 1.3(a) – ‘Passport to Graduation’

### What have you done?

- Structured overview and delivery of **77** HE engagements Sept – Apr (reflective of academic year).
- **10 primaries** received at least **7 HE engagements** – mix of on-campus delivered workshops and in-school delivered outreach.
- MOU in place between Passport and Cardiff Uni.
- Planned **3x graduation ceremonies** for programme completion (Jun/Jul).
- Developed successful delivery models for HE to follow with university students as ambassadors = **60 student ambassadors** training opportunities.

### How many people have benefitted?

- All **9** primary schools in Ely & Caerau have been engaged for the academic year's duration = 8x English medium and 2x Welsh medium, 2x faith schools inclusive.
- **450 pupils** (year 6) have received 7 unique engagements each.
- **3 Cardiff Universities** have been engaged and provided workshops/outreach over the course of the academic year.
- **23** different academic university schools have been involved in designing and delivering content.

### Next steps/Legacy?

- Continue engagements and partnerships.
- Build on work with Cardiff Met and USW so the programme can grow next academic year = Aspirational programme for **all year 6 pupils** in Ely & Caerau schools
- Implement robust evaluation tools to measure success against KPIs.
- Delivery model has become embedded in university schools working and will lead to the growth of the programme next academic year.
- MOU being developed to use in additional HE settings as formal relationship and accountability.

# Highlight



... The 'Passport to Graduation' programme has grown (and is continuing to grow) to be inclusive of all HE in Cardiff. It is becoming a staple to all Ely & Caerau primary schools, providing aspirational experiences and opportunities to access spaces and resources learners may not have had the opportunity to do so otherwise.

# Lead: Passport to the city team, CC

## Action point: 1.3(b) – Passport to the City – Greater Opportunities

### What have you done?

- Provided coordinated support to enhance the visibility and accessibility of existing activities through relationships forged with family engagement officers/CFS officers/school staff.
- Delivered a **6-week** strength and conditioning programme through ION (Over summer).
- Connected local young people with opportunities available in the wider city through Passport to the City programme.
- Worked with other internal teams to provide access to additional activity. Internal teams such as YJS, Youth Services, Corporate Parenting to highlight groups / individual young people to direct provision to.
- **5x sessions** of D&D provision specifically for E/C youth groups = **21 engaged** young people.
- Developed an electronic means of logging interaction with activity across the city in way of an app. Roll out to follow.

### How many people have benefitted?

(App analytics are set up and ready to use when app launches and will be able to give specific data.)

- **21 neurodivergent young people** engaged with D&D development sessions. These have led to games that take place across the city as well as additional training workshops so games can be held in their own settings.
- ION = **6x weekly programme** – total 940 young people over **54 hours** of provision. **13%** of total were C&YP from Ely & Caerau = **123**.
- Collaboration with internal teams: Youth Services, Youth Justice Service, Bright Sparks, Corporate Parenting

### Next steps/Legacy?

- Roll out of app in earnest. Use relationships with school staff / community focused schools staff / family engagement to push this to all child & young people within the community.
- Collaborate directly with internal teams that work with C&YP in Ely/Caerau to shape further provision/access to activity across the city that they may not have opportunity to do so otherwise.
- Source further funding to continue to build on and develop the offer for C&YP. Develop provision within Ely/Caerau and taking them to provision outside of the area.
- Deliver a structured strength and conditioning programme in the area through partners at ION.

## Action point: 1.4 Unlocking Potential: Increasing youth mentoring provision in Ely & Caerau

### What have you done?

Engaged with Cardiff Youth Services and One Million Mentors (1MM) to develop programme specifically for young people in Ely & Caerau, looking at mentoring young people in North Ely, Trelai and Caerau youth provisions.

Internal Council mentor recruitment

External mentor recruitment - Delivered 3 workshops in August for Cardiff Commitment partners to encourage mentor sign up

- Delivered 2 mentor DBS drop in sessions in October to support with DBS checks
- Working with CYS to identify young people accessing provision in North Ely
- Launched programme in North Ely
- Supporting recruitment of mentors for Cardiff West 1MM programme

### How many people have benefitted?

- 18 partners responded to the initial registration of interest for mentoring in Ely & Caerau
- 56 partners in total attended the 3 virtual workshops to recruit mentors
- 9 mentors signed up to 1MM and accessing training
- 5 young people engaged with the mentoring programme in North Ely
- Only 2 continued with the programme

### Next steps/Legacy?

- There have been challenges re mentoring young people outside of school hours so we are reviewing this currently. Young people have fed back that they want to use their leisure time for socialising etc so we are reviewing going forward.
- Additional resource needs to be identified to support the delivery of mentoring programmes with our most vulnerable young people.
- Additional training programmes for mentoring – 1MM had some challenges during the year with staff leaving.
- Some challenges include the processing of DBS checks, consistency of UP and mentors turning up, identifying additional capacity to support the programme.
- We are reviewing this with 1MM and CYS to understand best way forward & exploring group youth mentoring

“I enjoyed the mentoring as got to support my mentee and support them to develop soft skills like communication. We explored learning opportunities that could support my mentee. We also explored ways of improving themselves and be able to offer them advice and guidance”

Dan Mansell, Department of Science, Innovation & Technology, Civil Service

Mentor

- 2 Young people progressing with mentoring in North Ely Activity Centre
- 2 Mentors delivering mentoring 2 hours a month for 6 months
- Additional 7 mentors signed up to 1MM platform and going through training ready to be matched in new year with a mentee.
- Due to exam or school pressure some mentees disengaged with the programme
- Some mentees reported they wanted to use their social time to socialise and not be mentored



...Mentoring is a fantastic way to support young people in our most disadvantaged areas but in order to explore this further there needs to be additional resource allocated to mentoring programmes. There are so many challenges in regards to DBS checks, safeguarding, identifying spaces to support mentors and mentees.

## Action point: 1.5 - Community Focused Schools Partnership p.1

### What have you done?

- Riverside Advice Centre provides monthly support and advice sessions for parents in 4 primary schools.
- The Food Hour is a pilot project led by Cardiff Council in collaboration with Food Sense Wales, Cardiff and Vale University Health Board's Nutrition and Dietetic Services which is delivered across six primary schools in Ely and Caerau. It provides children in primary schools with the opportunity to spend at least one hour each school day learning about food, learning through food and sharing nutritious food.
- The Calzaghe Mini Dragons non-contact boxing programme was delivered to Year 5 and 6 pupils which ran from January 2025 across 10 primary schools. This 12-week intervention aimed to enhance physical fitness, wellbeing, resilience, and confidence in young learners. Data was collected throughout the programme and a full impact report will be written in June 2025.
- Seven primary schools, Ely and Caerau Children's Centre and Cardiff West Community High School staff have been trained to support families in crisis and provide vouchers to those in need.

### How many people have benefitted?

- So far, 87 families have benefited from these outreach sessions.
- 11 staff members have completed Level 2 Community Food and Nutrition training. In total, 77 sessions have been delivered, engaging 329 pupils and reaching 386 families.
- The Calzaghe programme successfully engaged over 600 students over the course of 12 weeks.
- Since March 2024, we have issued 67 members of the community with vouchers.

### Next steps/Legacy?

The Year 5 and 6 pupils who took part in the Calzaghe programme will be attending a graduation ceremony.

## Action point: 1.5 - Community Focused Schools Partnership p.2

### What have you done?

- Herbie's Hut and Hywel's Hut are pay-as-you-can community food shops dedicated to tackling food insecurity and providing nutritious options. Herbie's Hut first opened its doors in November 2021, while Hywel's Hut has been serving the community since January 2024.
- Edible gardens have been established in six primary schools, Ely and Caerau Children's Centre and Cardiff West Community High School, providing hands-on learning opportunities for pupils, families, and the wider community. Gardening clubs have become popular, offering a platform for intergenerational learning and encouraging sustainable practices. Produce grown in these gardens is sold at school food hubs or used during cooking sessions, further embedding food education into the curriculum.
- Six primary schools have expanded their facilitated programmes to support families, offering accredited and non-accredited courses, as well as Family Learning Together courses.
- In the autumn term of 2024, five primary schools, ECCC, and Cardiff West received funding from Food Sense Wales to pilot a pop-up café-style event. Each event was a resounding success, providing nutritious food for children and families in school communities.

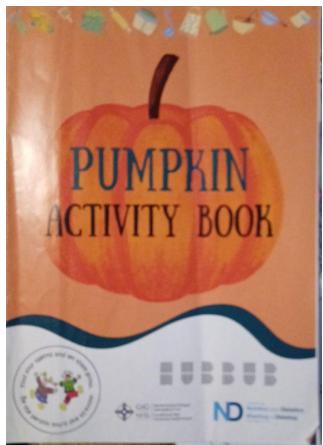
### How many people have benefitted?

- Since March 2024, these initiatives have made a positive impact on over 1,000 families, offering year-round support and access to affordable, healthy food.
- Edible Garden data will be collated by the end of the academic year.
- We have yet to develop a precise metric for measuring family engagement and involvement in school activities.
- This initiative played a significant role in Cardiff being awarded the prestigious Gold Sustainable Food Places Award, making it only the fourth city in the UK to achieve this remarkable recognition.

### Next steps/Legacy?

- We will be opening a new community food shop at Cardiff West Community High School. The opening was originally planned for the end of March. We are now looking to open Mid April 2025.

## Food Hour



“Cooking with my friends was awesome”



“I loved chopping the vegetables! It felt like I was a real chef.”



# Highlight

## At a glance:

- Monthly advice sessions in 4 schools
- Food hour in 6 schools
- Mini Dragons Boxing project - 10 schools over 12 weeks
- Staff in 9 schools trained to support families in crisis
- Herbie's hut and Hywel's hut community food shops
- Edible gardens in 6 primaries, CWCHS and ECCC
- 6 schools providing courses to parents & Family learning
- Pop up café events in 5 primaries, CWCHS and ECCC.
- New community food shop planned for CWCHS in spring '25

## Action point: 1.5 (b) - Additional Family Help Advisor

### What have you done?

- Improved access to prevention and early intervention support for children, young people and families.
- Built positive relationships with school-based staff with a view to enhancing understanding of the Early Help offer in Cardiff.
- Improved information sharing and understanding of thresholds to support robust decision making about the right support for children, young people and families.
- Supported school-based staff to understand what information is needed for a good referral and what the referral mechanisms are.

### How many people have benefitted?

Since May 2024 we have engaged:

**107 families which includes 263 babies, children and young people.**

Of which, 32 families, which includes 69 babies, children and young people were supported by the additional Family Help Advisor provided through the plan.

\*The additional Advisor joined the team in July 2024. See next slide for outcomes.

### Next steps/Legacy?

- Analyse data to ascertain whether families who have accessed support from the team have been able to sustain positive changes made.
- Undertake a review with each of the schools supported to identify best practice and areas for development. This will inform next steps.

# Highlight

## Since July 2024:

- **20 families, (53 babies, children and young people)**, have been supported by the Family Help Advisor. Wellbeing goals agreed as part of the intervention plans have focused on what is most important to the family, building on the strengths they have, and addressing their worries and concerns.
- **12 families, (16 babies, children and young people)**, are receiving ongoing support.
- Areas of support have included building relationships between families and schools, housing, parenting, emotional wellbeing of both children and parents and additional learning needs.
- **1 family (3 children)** has been referred to Support4Families for the provision of longer term, more intensive support.

**Young Person:** I liked that she made me feel like I could be honest and open about my feelings without being judged. It didn't matter if I was crying or laughing, she showed me my own feelings and needs were just as valid as everyone else's.

**Parent:** Your time and patience has helped more than you can ever know. You have smiled and kept positive despite all the s\*\*t we have thrown at you.

**Teacher:** this was such a sad case - I will keep in touch to let you know how mum does with family learning. Mum has the full support of school and I believe she will now come and ask for help if needed. It's been a long time since I have seen her smile but she was telling me about your visit to Dusty Forge with her and she was so pleased she had taken that step.

# Lead: Cardiff Youth Service

## Action point: 1.6 - Street based youth provision

### What have you done?

- 24 weekly 3-hour street-based Youth Work sessions across Ely & Caerau – targeting Microbeat areas identified within Operation Sentinel with South Wales Police
- Developed a diversionary sports session 'CF Thrive' delivered 33 weekly sessions at Western LC in direct response to an identified need by young people in the area
- Delivered weekly Youth Work sessions within open access provisions across Ely & Caerau

### How many people have benefitted?

- 414 contacts with young people during street-based Youth Work sessions (171 females & 243 males)
- Emerging themes from street-based data collected: Substance misuse, drug dealing, knife crime, rubbish, offroad vehicles, safe spaces, more youth provision and things to do.
- 118 young people have attended weekly CFThrive, sports diversionary activities, resulting in 953 contacts with young people.
- 324 young people have engaged in Youth Work activities across Ely/Caerau area, resulting in 3390 contacts with young people within open access Youth Work provisions across Ely & Caerau

### Next steps/Legacy?

- Street-based sessions will continue to be delivered weekly across Ely & Caerau where need directs support.
- Weekly CFThrive sessions have been well attended and will continue to be delivered at Western LC.
- Open access provision will continue to develop and deliver work with community partners and wider youth support services, aiming to meet the needs of young people in Ely & Caerau.

# Highlight



'It's given me the opportunity to play basketball for free. I've joined a team now and I've had the chance to play games with the youth service against Butetown and St Mellons. We won them as well. It's something to do on a Tuesday night' (young person- CF-Thrive)

## Action point: 1.7 - Introduce targeted link youth worker support for primary school pupils at risk.

### What have you done?

- *Year 6-7 transition pilot project consisted of:*
- *Engagement sessions with primary schools*
- *Involvement in yr 6 transition days in Cardiff West*
- *4 week summer programme engaging yr 6 students with the youth service.*

### How many people have benefitted?

- *Young people from 4 primary schools were involved in the pilot project*
- *120 children attended a 4 week summer programme*
- *3 primary schools & 40 young people engaged in consultation regarding new youth space in Cardiff West high school*

### Next steps/Legacy?

- *Easter holidays – open day planned in the new Youth Space @ Cardiff West for young people & parents*
- *Evaluation of the pilot*
- *Summer term plan – engage year 6 young people from primary schools*
- *Support Cardiff West year 6-7 transition days providing Youth Work activities in the new Youth Space and North Ely youth centre*

# Highlight

'I have to say my children have really enjoyed their time at the camp. Everyday they have come out with a big smile saying how much fun they had and how much different stuff they could do there. I'm a working parent and to have this put on for 4 weeks out of the 6 weeks has been a massive help financially, it also makes my life that little easier knowing my children are enjoying it and doing what they love the most football. I just want to thank you all for your time and commitment to making the children's time a fun experience. They're already asking if there will be another. '

- YR 6 Parent whose children attended summer camp transition programme



## Action point: 1.8 - Increasing support for children who are not at school, and their families

### What have you done?

- Weekly group sessions for young people and their parents who are elected home educated in Ely & Caerau
- 26 sessions delivered including creative arts, trips, digital skills, VR Identity, and workshops with partner organisations including Police, NHS, Youth Safety Wales, Fire Service, Cardiff City foundation.
- Developed a social space for young people and their parents to meet, share experiences and have fun
- Delivered Youth Work issue-based sessions with partner organisations offering Information, support & guidance to young people

### How many people have benefitted?

- 14 young people aged 11-16
- 14 parents, carers and grandparents
- 122 attendances by children/young people
- 94 attendances by parents/carers/grandparents
- 6 young people receiving 121 youth mentoring support,
- 100% of participants reported improved confidence and self esteem

### Next steps/Legacy?

- Weekly sessions in Trelai Pavillion will continue, delivered by Cardiff Youth Service along with partner organisations and the Violence Prevention Team
- Continuation funding being sought
- Evaluation video is being filmed with Cardiff Youth Service Digital Team
- Participants have gone on to work with other services including Police Youth Volunteers, Umbrella Allies Youth Club and city wide youth service events

# Highlight



*'It's such a nice atmosphere at Trelai Park Pavilion, they have their own space to learn and build their confidence sharing experiences. The people that have run workshops have been great with all of the young people – thank you for giving my granddaughter this support'.*

Feedback from a young person on the pilot programme:

*'I really liked Molly Bee's arts and crafts sessions they helped improve my wellbeing. The trips to Winter Wonderland, the BBC studios and Bristol Zoo Project have helped me see what opportunities are out there.'*

## Action point: 1.9 Launch the Parent Café model in Ely Caerau: Parent peer support to keep children safe

### What have you done?

- Over the last 6 months we have held weekly Parent Peer Support drop in sessions at Dusty Forge
- Met with 6 Primary Schools in the Ely Caerau area to promote the Parent Peer Support Project
- Safeguarding training session held at Hywel Dda Primary School
- Activity days and events have been held during school holidays to support parents

### How many people have benefitted?

- Directly engaged with 57 Parents in the Ely Caerau area
- Information shared with parents across school communication channels
- 21 parents initially expressed an interest
- 9 parents have attended drop in sessions
- 3 parents attend regular weekly sessions and are part of a steering group with professionals

### Next steps/Legacy?

- Continuation of work in 2025/26
  - Parents are shaping future themes and activities within the project
  - Parents have created a name for the project- Parent Power Place
  - Continuation of engagement and promotional activities
  - Building on new partnerships

# Highlight



*Keeping Children Safe is everyone's responsibility.*

*The mention of Social Workers, Social Services, or Child Protection can leave many parents in a panic. It can lead to significant stress, and you may feel isolated or unsupported. If you have current or previous involvement with children's services, there is a great drop-in session in Dusty Forge on Thursdays from 12:30-2:30pm, so parents can drop in any time between these hours.*

*You'll have the chance to talk, listen, share experiences and get emotional, practical advice and support from other parents and carers who have had similar experiences. It's aimed at parents supporting other parents and there's food, drink and children are welcome to come along.*



## Theme 2:Community Safety and safeguarding

## Action point: 2.1 Disrupting the exploitation of young people: training, community based support and intervention programmes

### What have you done?

- Mapped out all relevant curriculum resources and interventions available to children and young people (available to all professionals in the area)
- Mapped out and shared information about relevant online and in person training available to all stakeholders
- Brought partners together to discuss concerns and generate community actions in the Fairwater YAG (which covers Ely and Caerau)

### How many people have benefitted?

- More than 500 practitioners and service leads from Children's Services, schools, housing, police and other statutory and third sector agencies have attended online and in person training
- Partners from over 40 organisations working with children and young people in the Caerau and Ely have come together every month to develop diversionary activities and share information

### Next steps/Legacy?

- Further training and partnership events will be disseminated with community stakeholders through key leads including ACE and Youth Services
- Working with South Wales Police and other partners to ensure that all relevant partners are aware of referral pathways including Crimestoppers and Police Partner Intel form
- Looking to roll out multi agency training on Cuckooing and Exploitation developed by CASCADE across the locality
- Working to link in with all housing and supported accommodation providers to offer training, support and opportunities for partnership working

## Birdies Lane Literary Graffiti Project



The Literary Graffiti project was ignited by a conversation which followed the Creative Arts PING in July 2024.

Writers' Cwtch spoke about their work and through the Fairwater YAG, we linked them with Cardiff Youth Services.

CYS worked with young people and YAG partners including PCSOs, Parks and ISG to paint the wall and young people worked with Writers' Cwtch to compose the words.



# Highlight

We set out to engage with a broader range of stakeholders across the community and to raise awareness of exploitation.

We have used a contextual safeguarding approach to help us better understand and address some of the structural drivers of exploitation, and strengthen protective factors such as free and accessible diversionary activities.

## Action point: 2.2 Putting the brakes on nuisance vehicles: Multi-agency enforcement

### What have you done?

*Supported delivery of 2 days of action that had presence in the wards of Caerau and Ely, leading to:*

- *Engagement with individuals using vehicles illegally*
- *Recovery of stolen bikes*
- *Increased intelligence*
- *Subsequent reduction of illegal activity on second day of action*

### How many people have benefitted?

- *10 indirect engagements with individuals involved in potential illegal activity*
- *3 direct engagements with individuals involved in potential illegal activity*

### Next steps/Legacy?

- *Social media post on successful days of operation to be cross posted on SWP and CC comms by 06.04.25*
- *Continuation of days of action in 2025/26*
- *Following days of action, community use of FedSpotter to report on the activity (33k followers) shows significant impact – deterring illegal bike use significantly in the area*

# Highlight



On the second day of action there appeared to be a significant reduction in illegal vehicle use in the area.

This has been attributed to the community use of FedSpotter which has likely discouraged and disrupted riders once they are aware of the multi-agency presence.

It is hoped that future days of action will be similarly reported on, and the discouragement of illegal vehicle use will continue.

## Action point: 2.3 Tackling vehicle nuisance through education and community collaboration

### What have you done?

- Social media campaign run on SWP e-bike legalities
- New reporting mechanism trialled
- Updated current road safety school programs
- Leaflet guidance on SWP e-bike legalities distributed by local policing team to community hubs
- SWP e-bike legalities resources provided to all secondary schools in area and Cardiff West Youth Services
- Motocross sessions held over Feb half term

### How many people have benefitted?

- At least 19k unique views on social media, and 160 unique engagements online
- Information provided to all secondary schools: Cardiff West Community High School, Ysgol Gyfun Gymraeg Plasmawr, Mary Immaculate High School, Cantonian High School
- 20+ direct information engagements via leaflet provision
- 16 young people involved in motocross sessions.

### Next steps/Legacy?

- Ongoing continued sharing of legalities information
- Change to the road safety school program Cardiff-wide
- Improved partnership reporting mechanism to be trialled and evaluated.



## E-BIKES: KNOW THE DIFFERENCE, KNOW THE LAW

- ✓ There are different types of e-bikes.
- ✓ Electrically Assisted Pedal Cycles (EAPCs) can be legally ridden by anyone aged 14+, and do not require road tax, insurance, or a licence – the same as a normal pedal bike.
- ✓ To be classified as an EAPC, a bike must be fitted with pedals that are capable of propelling it, have a maximum continuous power rating via the electric motor not exceeding 250 watts, and all electrical assistance must cut off when the vehicle reaches a speed of 15.5mph.
- ✓ Any other electric bike that doesn't meet the EAPC rules is classed as a motorcycle or moped.
- ✓ Non-EAPCs can only be ridden on public roads if the bike is registered with the DVLA, taxed, insured and used by a rider who holds the appropriate class of licence.
- ✗ Unless the above criteria are met, e-bikes cannot legally be ridden on public roads.
- ✗ Those riding on public roads risk prosecution and having the vehicle seized.



SOUTH WALES  
POLICE  
HEDDLU  
DE CYMRU



# KeepingSouthWalesSafe

Facebook Instagram Twitter  
swpolice  
south-wales.police

# Highlight

Following the implementation of various information and awareness documents around reporting nuisance vehicles, there has been a considerable increase of reports made about nuisance vehicles in both Ely and Caerau in the period of September – February 23/24, compared to 24/25.

In 23/24 there were no reports made in Ely, in 24/25 there were more than 20. In 23/24 there were less than 5 reports made in Caerau, in 24/25 there were more than 20.

While some of this can be attributed to partnership reports, there is still increased reporting from residents, indicating that the campaigns have been effective.

## Action point: 2.4 Action on Anti-social behaviour hotspots p.1

### What have you done?

- *Activity Camps involving boxing sessions, multi-sports and art activities held in half terms by Youth Services.*
- *Enhanced lighting pilot initiated*
- *Portable lighting purchased and used by Youth Services for street-based youth activities*
- *Existing CCTV camera upgraded and enhanced*
- *Doorbell CCTV cameras purchased for use by Victim Support for use by individuals affected by crime and ASB*

### How many people have benefitted?

- *More than 200 young people engaged over the various activity sessions*
- *Lighting pilot is anticipated to have direct benefit to 240 residential buildings, 10 commercial & community buildings and 2 schools.*
- *Upgraded CCTV is anticipated to have direct impact on 140 residential buildings and 1 commercial building*
- *Doorbell CCTV has been issued to 4 victims of crime and ASB*
- *40 young people involved in Mini police sessions*

### Next steps/Legacy?

- *Skateboarding Art session continuing with proposed new Caerau Skate Park, planned summer 2025.*
- *Lighting Pilot to continue over the next 12 months to evaluate long-term benefit*
- *Portable lighting will continue to be used*
- *Doorbell CCTV will continue to be distributed and re-used where appropriate*
- *Upgraded CCTV will continue to be in place*

## Action point: 2.4 Action on Anti-social behaviour hotspots p.2

### What have you done?

- Purchase of play equipment for Mill Road Play area*
- Supported sessions of Cardiff Kicks across Ely & Caerau*
- Skateboarding sessions held by Youth Services in partnership with Inflate to Skate*
- Purchase of equipment for the Mini Police project, including uniforms, clipboards, etc.*
- Support the creation of bespoke resources for robust Mini Police lessons*
- Youth residential held around youth advocacy training and engaging young people at risk of crime and ASB*

### Next steps/Legacy?

- Additional play equipment (swing set) is to be installed in Mill Road Play Area in the next quarter*
- Mini Police sessions will continue*



# Highlight

Working with coach Mark and Caerau Ely ABC has been a fantastic opportunity for young people in Ely & Caerau who have been excluded, are EOTAS, or at risk of school exclusion.

The 10 sessions have given young people an opportunity to meet positive role models, engage in disciplined physical activity and work with youth workers. 6 of the young people who have attended the project are now receiving 121 youth mentoring support through Cardiff youth service, further improving their outcomes and reducing their risk of ASB.

One young person said 'Thanks for recommending the boxing I really enjoyed it. The skipping rope was annoying but I stuck with it and got the hang of the rest of the exercises. I'll definitely go again.'

## Action point: 2.5 “Yes, it makes a difference”: Increasing crime reporting to keep children and our community safe

### What have you done?

- *Fearless Campaigns held in Schools*
- *Crimestoppers Social Media Campaign run in October/November 24*
- *Street Safe posters erected in 15 locations*

### How many people have benefitted?

- *80 young people engaged by Fearless.*
- *Targeted CrimeStoppers social media campaign to all Ely & Caerau Postcodes. On assumption of 15% Facebook usage of residents based on Statistica data, anticipated reach of 4000 individuals.*
- *15 Bus shelter posters erected.*

### Next steps/Legacy?

- *Fearless work will continue*
- *Crimestoppers information remains at hubs and is included on the Community Safety Reporting Guide*
- *Safer Streets posters will remain in situ until at least Q2 25/26*



# Highlight

Though reporting, particularly of ASB, appears to have increased in Ely and Caerau continued and sustained reporting is important to allow concerns to be appropriately addressed.

Engagement sessions with residents have shown how invested people are in their community. A Cardiff Council Reporting Guide has been attached to encourage reporting of all ASB and, where appropriate, advises where to report anonymously.

# CRIME AND ANTI-SOCIAL BEHAVIOUR REPORT IT!



## IN AN EMERGENCY

or when a person is injured or threatened, or when a crime is occurring, you should contact **999**

## WHEN A CRIME HAS OCCURRED

but it is not an emergency, or the perpetrator has fled, you should contact **101** via phone or by their online reporting form [Contact us | Police.uk \(www.police.uk\)](#).

## ANTI-SOCIAL BEHAVIOUR AT HOME

If you and/or your neighbour is a council tenant – you should contact the Council's ASB team [Anti-social behaviour \(cardiff.gov.uk\)](#). If you and/or your neighbour is a housing association tenant – you should contact the relevant housing provider online or by phone

## NOISE NUISANCE

If you are experiencing noise nuisance, you should contact Shared Regulatory Services by completing their online form [Contact Us \(srs.wales\)](#).

## REMOVAL AND CLEANSING

If you are concerned about drug litter, fly-tipping, or graffiti on your area. You should report this to Cardiff Council for cleansing via **029 2087 2087** or [Report a recycling and waste problem \(cardiff.gov.uk\)](#).

## ANONYMOUS REPORTING

For criminal activity contact Crimestoppers on **0800 555 111** or via their reporting page [What is the crime or incident? | Crimestoppers \(crimestoppers-uk.org\)](#).

If you would like to anonymously report a safety concern you should use the Street Safe reporting tool [StreetSafe | Police.uk \(www.police.uk\)](#).

This document is available in Welsh / Mae'r ddogfen hon ar gael yn Gymraeg

# GWRTHGYMDEITHASOL ADRODDWCH AMDANO!



## MEWN ARGYFWNG

neu pan fydd person yn cael ei anafu neu dan fygythiad, neu pan fydd trosedd yn digwydd, dylech ffonio **999**

## PAN FO TROSEDD WEDI DIGWYDD

ond nad yw'n argyfwng, neu os yw'r cyflawnwr wedi ffoi, dylech gysylltu â'r heddlu drwy ffonio 101 neu gysylltu drwy eu ffurflen adrodd ar-lein. [Cysylltu â ni | Police.uk \(www.police.uk\)](#).

## YMDDYGIAD GWRTHGYMDEITHASOL GARTREF:

Os ydych chi'n profi ymddygiad gwrthgymdeithasol yn eich cartref a'ch bod chi a/neu gymydog yn denant i'r cyngor – dylech gysylltu â thîm ymddygiad gwrthgymdeithasol y Cyngor [Ymddygiad gwrthgymdeithasol \(caerdydd.gov.uk\)](#). Os ydych chi a/neu eich cymydog yn denant cymdeithas tai – dylech gysylltu â'r darparwr tai perthnasol ar-lein neu dros y ffôn

## NIWSANS SŴN

Os ydych chi'n profi niwsans sŵn, dylech gysylltu â'r Gwasanaethau Rheoliadol a Rennir drwy lenwi eu ffurflen ar-lein. [Cysylltu â ni \(srs.wales/cy/Contact-Us.aspx\)](#).

## GWAREDU A GLANHAU

Os ydych chi'n poeni am sbwriel cyffuriau, tipio anghyfreithlon, neu graffiti ar eich ardal, dylech adrodd amdano i Gyngor Caerdydd ar gyfer glanhau drwy ffonio 029 2087 2088 neu [Adrodd am problem ailgylchu a gwastraff \(caerdydd.gov.uk\)](#).

## ADRODD YN DDIENW

Ar gyfer gweithgarwch troseddol cysylltwch â Crimestoppers ar 0800 555 111 neu drwy eu tudalen adrodd [What is the crime or incident? | Crimestoppers \(crimestoppers-uk.org\)](#).

Os ydych am adrodd am bryder diogelwch yn ddiennw, dylech ddefnyddio'r offeryn adrodd StreetSafe [StreetSafe | Police.uk \(www.police.uk\)](#).

## Action point: 2.6 Visible and connected local policing through community & school partnerships

### What have you done?

- Police Youth Volunteers (PYVs)

The Ely-based Police Youth Volunteers (PYV) group was launched at St Vincent's Church in Ely in April 2024 meeting every Friday.

- Mini Police

Mini Police initiative has been up and running since Sept 23. These have been held across 7 primary schools.

In February 2024, Windsor Clive Primary School was selected as a finalist for the National Crimebeat Awards in London.

### How many people have benefitted?

- 15 young people have been recruited into the Ely PYV's. More than half from Ely/Caerau area.
- The Mini police have held over 50 sessions across the 7 primary schools.
- The three PACT meetings held in January were well attended and a number of community issues were discussed.
- The Ely 'South Wales Listens' survey saw 361 adult responses and 233 from young people

### Next steps/Legacy?

The recent PYV attestation has seen a number of new volunteers being sworn in. We will look to continue to expand the Hub and encourage further young people from Ely to join.

PCSO's are now imbedded in all of the local schools. This has seen improved relationships with pupils and staff and will increase trust and confidence in the community.

PACT meetings are now set up and next steps will be to increase attendances from the community.

Three separate PACT (Partnerships and Communities Together) meetings were held in January 2025 for Ely, Michaelston, and Caerau, with plans for further meetings in May 2025.

In addition to PACT, since November 2023, a bi-monthly multi-agency ASB meeting has been taking place specifically covering ASB problem solving for Ely and Caerau.



# Highlight

A significant part of the Ely and Caerau Community plan was to develop and improve relationships between SWP and the young people in the community.

The initiatives detailed under this action point have seen the creation of the PYV HUB and the roll out of the mini police. The regular presence of PCSO in schools has no doubt assisted in the further recruitment into the HUB.

The continued use of PACT will see us continue to push out messaging to the community whilst listening to and acting on local concerns and issues.

Following all the good work by South Wales Police and Cardiff Council's Curriculum team, the Mini Police (Heddlu Bach) programme was one of just 6 finalists for the National Crimebeat Award. A full article on the work can be found at: <https://www.cardiffnewsroom.co.uk/releases/c25/35075.html>



## Theme 3: Spaces and Environments

## Action point: 3.1 Future Youth Space

### What have you done?

The Regeneration team have been undertaking engagement sessions with young people in Ely, on “Future Spaces” in the area.

Focused on young people currently accessing youth services & activities, aged 9 plus.

### How many people have benefitted?

- December & May- **North Ely Youth Centre** (2 x sessions (younger and older cohorts) - 20+ at each
- August- **Basketball** (12-17 years old) – 30+
- August- **Summer Camp** (9 + years old) – 30+
- September- **Inclusion Group & Dischord Group**- 15
- Over **100** young people have spoken with us so far and offered feedback and ideas on “Future Spaces” for the area.

### Next steps/Legacy?

Following the completion of the youth engagement exercise, we have produced estimated costings for a new youth building which meets the ambition of local children and young people.

Representatives from the Council are due to meet the relevant Welsh Government Minister during the week of 9<sup>th</sup> April to discuss any opportunities around capital funding to deliver this aspiration and create a viable way forwards.

## Action point: 3.2 - Launch a new dedicated youth space at Cardiff West CHS

### What have you done?

- A new Youth Space has been designed, developed and resourced in a prominent position at the front of the school which places the provision at the heart of the community
- Young people made a valuable contribution to the interior design, furniture choices and colourways of the new space
- Delivered a graffiti project where young people created and sprayed designs on the walls and pillars.

### How many people have benefitted?

- School pupils, community partners and Youth Service are some of the parties who will benefit from the new Youth Space

### Next steps/Legacy?

- Weekly evening Youth Work provision delivered from the new Youth Space.
- Weekly & holiday programme to be created and promoted across the locality
- Increased partnership work to increase the reach of youth support services to young people
- Utilise the booking system to ensure all partners have access to space and resources as appropriate

# Highlight



‘Since opening the new youth space we have been able to deliver a range of youth activities including digital media, drawing, VR sessions, gaming tournaments and creative arts activities to young people from Plas Mawr, Cantonian and Cardiff West. We have a gaming tournament and two engagement days planned over the Easter holidays and are continuing to promote to new young people.

## Action point: 3.3: Making better use of what we have: Opening school facilities for community use at Cardiff West Community High School

### What have you done?

- Provided 1427 bookings to date.
- Provided 2.31k Active Hours
- Started to provide Adult Learning opportunities
- Provided Holiday Camps and other free opportunities thanks to the Subsidy
- Provided a space for provisions such as flying start, Barnardos, CPAG etc.
- Provided spaces for training to be held on site

### How many people have benefitted?

- We currently have 69 active clubs/organisations using our facilities
- Provided holiday camps for 460+ young people in the community so far
- We have held up to 10 events benefiting adults in the community – such as a parenting course, and Dad's Summer of Sport

### Next steps/Legacy?

- Continuation of work in 2025/26
- Building on new partnerships
- Continue to promote Ely and Caerau in a positive way

# Highlight

“I cannot recommend this community venue highly enough. The staff are exceptionally helpful, and the students consistently demonstrate politeness and respect. The families who attend the Flying Start sessions continue to return, as having a dedicated room each week provides them with a welcoming, safe, and nurturing space to engage in play and build connections.”

“You have been incredibly welcoming and supportive.”

“We love being able to deliver our wellbeing sessions to CW students.”

“The venue is fantastic and a great space for large meetings or community activities.”

# Lead: St. Vincent de Paul (SVP)

## Action point: 3.4 More support... with St. Vincent de Paul (SVP)

### What have you done?

Unfortunately, SVP had to pull out of the community plan, due to not receiving the expected funding to develop the St. Francis Centre in 2024.

The St. Francis centre hall arrangement is taking longer than expected and SVP Centre Ely Bridge is now running on less funding and fewer staff than when involved in the development of the plan.

However, we have supported hundreds of people over 2024/25 (see other boxes).

### How many people have benefitted?

Dec '24 update:  
We host two weekly events a men group and fitness class. This means we held forty events and three local events and supported four local activities. 47 events and participatory programs in total.  
We have facilitated people attending two events, one to Cardiff Museum and the other Tenby. The attendance of both these trips totaled to 65. We have also hosted a cost-of-living event where over one hundred people attended. And cost of living drop in every Monday.  
We have had 33 people engage in cost-of-living support around energy. Average attendance of the 2 weekly groups is 50 people.

### (Weekly activities summer 2024)

Sept '24 update:

- Beyond Differences peer support group for people with a disability
- Boxing group for up to 25 adults
- Creative hub
- Cupper and natter
- Lunch and Laugh
- ESOL course
- Men changing lives group
- Nant Caerau community garden project
- Wellbeing Walking group
- Reaching Out Foodbank
- Weightlifting partnering with Ellis fitness gym

## Action point: 3.5 Developing new spaces for outdoor play (Dan y Coed - previously called Ehangu)

### What have you done?

Developed partnerships creating new outdoor play spaces and designing / delivering sessions (involving Flying Start, CWCHS, and host organisations for community gardens.

24 Dan y Coed play sessions April to August 24 in Ely and Caerau Children's centre garden, Diana Garden and YG Nant Caerau community garden.

Extra sessions in Millbank primary and CAER Heritage gardens Oct - Nov.

Delivered 'Summer of Play' summer holiday activity programme

### How many people have benefitted?

- 142 adults and 233 children engaged with outdoor play sessions
- 25 young people from Cardiff West Community High School helped create outdoor spaces / run activities
- Over 200 people - children and their families took part in programme of 12 'Summer of Play' activities
- Celebration event on 17th Dec at Dusty Forge, bringing together over 30 families and children involved,

### Next steps/Legacy?

- Ongoing outdoor play sessions weekly at ECCC in the garden developed through Dan y Coed
- Learning Partnership Board planning to submit a lottery bid to enable outdoor play work to continue at Diana Gardens
- Develop CAER centre courtyard as outdoor natural play area for Flying Start use (support from ACE Postcode Gardener, with potential to develop more spaces)
- Evaluation w/ Save the Children

# Highlight



‘It surpassed all my expectations. It’s a perfect space - there’s so many activities in such a small space and it’s enclosed so it feels really safe. It’s great to get outdoors too.’

## ↓ **Evaluation key words:**

A word cloud centered around the word 'play'. Other prominent words include 'relaxed', 'calm', 'independence', 'local', 'social', 'friends', 'exploration', and 'safe space'. The words are arranged in a circular pattern, with 'play' at the center, and are colored in various shades of green, blue, and orange.

## Action point: 3.6 (a) Improving our Green Spaces & Parks: Improvements for Mill Road Recreation Ground & Archer Road

### What have you done?

**Installation of two stone paths** will ensure and encourage safe access into the park, where the terrain has sometimes hindered people entering the park.

### Installation of park benches

**Removal of conifer trees** designated dead, dying and/or diseased, along one perimeter fence because they posed a risk to park users and have been a long-term focus for arson and anti-social behaviour .

**Repainting of the park gates** - Parks Services have made minor repairs to and repainted the main vehicle access gate and smaller pedestrian gate into the park.

### How many people have benefitted?

Parks Services will monitor these paths as to their impact on how the park is used and will be used.

Parks Services will monitor these benches to how they are used and whether they deter or encourage anti-social behaviour.

Parks Services will also work with Housing Services to monitor the impact on the residents of Mill House estate adjacent to the trees.

### Next steps/Legacy?

To increase access through this park in consultation with the Friends of group by identifying and recovering disused steps and paths on site.

Parks Services will consider increasing furniture (such as picnic tables) if considered appropriate.

Parks Services have a separately funded tree replacement program for this site to include native and ecologically appropriate species. This will be an annual program of work under the guidance and supervision of Parks Services, providing screening and improving privacy/security which will address local concerns.



# Highlight

The outcomes for the SPF funded actions in Parks Services improvement plan for this park cannot be demonstrated yet.

## Action point: 3.6 (b) Improving our Green Spaces & Parks: Improvements for Mill Road Recreation Ground & Archer Road

### What have you done?

#### *Improvements to Archer Road playground*

Parks Services have removed two worn spring rockers from within the toddler play area. They have been replaced with updated spring rockers.

*This work is in addition to planned and separately funded horticultural work to enhance sites on nearby Wilson road. This action involves volunteers from the local community under the guidance and supervision of Parks Services.*

### How many people have benefitted?

*Parks Services will monitor the response to and use of the new play equipment and improvements to the play area.*

### Next steps/Legacy?

*This action was part of a wider repair program of play equipment in the wider playground and the multi-use games area (MUGA).*

*Parks Services is continuing to work on community-led horticultural improvements on Wilson Road.*

# Lead: Barnardo's

## Action point: 3.7 Introduce Litter Heroes: School Litter Picks for a clean and green community

### What have you done?

We have not yet achieved this action due to staffing and capacity issues, which are now resolved.

### How many people have benefitted?

N/A

### Next steps/Legacy?

Aiming to mobilise action 3.7 through May – August 2025.

Young people will help organise and shape us establishing litter picks with young people in the local area.

## Action point: 3.8 Explore the options to increase access to safe and supervised motocross for young people

### What have you done?

- Sessions held in Nov/Dec with small number of Ely & Caerau residents
- Motocross sessions held over Feb half term for Ely & Caerau residents only

### How many people have benefitted?

- 18 young people engaged with sessions
- Of attendees, most felt the sessions had changed how they think about riding bikes safely
- All young people felt the sessions explained the potential dangers and risks of riding off-road bikes unsafely sufficiently

### Next steps/Legacy?

- At present, as the Cardiff Motocross site options are still being explored, it has been difficult to properly explore all options for increased access. When a decision is made, this will be reraised under the Cardiff Off-Road Vehicle Partnership Meeting.
- Motocross sessions appear to have had good benefit on individuals and will continue to be considered as an option where funding is available



# Highlight

Of the young people who took part in the February Half Term session, most felt it had improved their knowledge of riding motorbikes safely and the consequences of illegal usage of motorbikes.

One young person when asked for feedback on the session advised: “I have learned driving bikes on a track is much more safer and better than driving on streets”.



## Theme 4: Health and wellbeing

# Lead: Barnardo's Youth Engagement and Wellbeing Service (YEWS)

## Action point: 4.1 - Increasing dedicated mental health provision for adolescents in Ely & Caerau: Improving access to 1-2-1 support

### What have you done?

- Supported young people to achieve identified goals through 1-2-1 sessions
- Identified and actioned co produced exit plans with young people
- Developed a creative media project with young people supporting voice and influence
- Worked collaboratively with other community providers to increase access to resources and provision in the community
- Supported young people to access community provision

### How many people have benefitted?

- 12 young people referred in from Ely and Caerau (referrals were closed in January 2025)
- 6 young people completed full interventions achieving significantly positive outcomes and have positive onward plans towards becoming economically active
- 3 young people did not fully engage but were supported with signposting guidance and resources.

### Next steps/Legacy?

- Working with media company Breathe Creative - Young people have shared their journeys using film, written word and poetry. We are currently planning a legacy event to share these incredible perspectives
- There is currently no opportunity to continue delivery, service ends in line with funding March 31<sup>st</sup> 2025.
- The padlet will remain available to young people

<https://padlet.com/chloesweet/yews-padlet-wl4rbueit4c71wxe>

I actually see an improvement in myself, which is the greatest feeling and everyone struggling deserves to feel that too

Of 12 young people referred 6 have achieved positive outcomes in all areas, 3 young people who were unable to fully engage enough to provide evidenced outcomes received 106 meaningful contacts and were signposted to community resources and services, the other 3 were not suitable or not ready to engage at all.

Within the positive outcomes 1 young person has begun volunteering and another has received important bus work to increase confidence and enable mobility in the community, removing barriers to access. 1 young person will be accessing a confidence building course in the spring of 2025 and is thinking about undertaking a carpentry course and we have been able to support another young person to improve communication and relationships with her family. Engaging young people to access appropriate mental health support has also been a key feature of delivery.

Young people have expressed sadness at losing the service but generally feel more motivated and enabled as a result of support received.

#### Services Engaged

cardiff-west-highschool  
parks-and-leisure-services  
act  
gp-cluster  
post-youth-service  
ely-hub  
ely/caerau-community-plan  
learning-partnership-board

#### Referral Pathways Followed

barnardo's  
new-pathways  
cardiff-wellbeing-service  
breath-creatives  
training-agencies  
careers  
psychological-interventions-hub  
youth-service  
into-work  
cardiff-met-university

# Highlight

## Quotes from Young People

‘Finding out the service isn’t going to continue is so frustrating I don’t think there has been a service that’s helped me enough as much as Barnardo’s’.

‘I have improved so much more than I could imagine and I’m worried I won’t find a service that’s helped me as much as Barnardo’s’

“The motivation I need to tell myself that all these things that I am feeling and that I go through are important and that leaving myself to rot essentially is not gonna help nobody, so I need to get out there and do things I’m not comfortable with, speak to people I don’t want to speak to, be in places that are overwhelming and I can’t deal with because I wanna have and I feel like I’m getting that confidence to actually speak up for what I think I need.”

“Instead of waking up and feeling life is hopeless, and there is no point, I can be able to say, you know what, there are things that can help me there are people who I can trust and I can live with, there are people I can love and there are experiences I can like that are new.”

“I’m hurting and struggling right now, but I know there are people who can help me.”

# Lead: Barnardo's

## Action point: 4.2 Early help for adolescent wellbeing : introducing open access workshops in local schools

### What have you done?

Wellbeing workshops have been established at Cardiff West High School.

15 workshops have been delivered, themes identified by young people, and have included topics such as:

- Understanding and recognising AI and the positives and negatives of AI.
- Managing anxiety
- Online bullying
- Bullying vs banter
- Vaping

### How many people have benefitted?

22 young people have attended a workshop, with more young people signed up to future workshops.

12 young people have attended multiple workshops.

Over 85 young people have contributed to topics and themes of workshops.

### Next steps/Legacy?

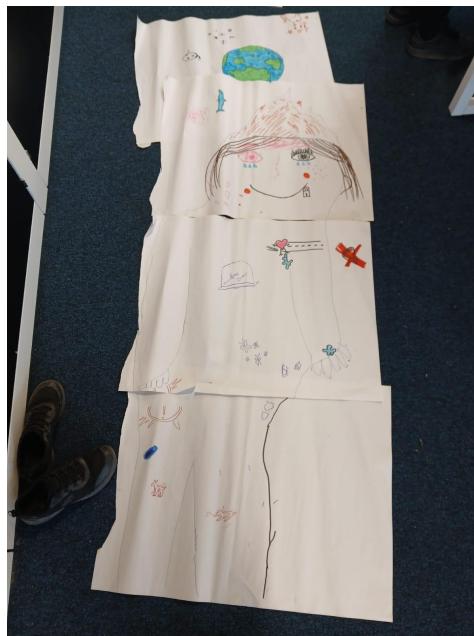
Continuation of work in 2025/26.

Building on new partnerships with local schools.

*“I liked talking about how we might be able to tell if someone is being bullied or is upset. Like being able to read someone’s body language or tone in voice, as well as noticing changes overall”*

*“I learnt how sly deepfake news is, how to reverse image search and a few more tips to know if an image is AI or real!”*

*“I enjoyed talking and listening with the people in this group. I felt comfortable”*



A visual representation of ‘anxiety’ by young people

*“The most important thing \*in the workshop\* was how I could calm myself down by breathing exercises”*

*“The most important thing \*in the workshop\* was to be able to have our voices heard”*

# Highlight

The wellbeing workshops delivered by Barnardo’s Rise Up have been designed following consultation with young people. This has been achieved through collaboration and support from Cardiff West High School.

84% of young people that have attended a workshop feel that their wellbeing has improved, with 47% feeling it has significantly improved.

100% of young people who were asked felt that their voices had been heard.

Working in partnership:

## Action point: 4.3 Communicating the wellbeing offer – fairs, improving reach

### What have you done?

- Held health events in the community in May and February
- Worked collaboratively with community organisations and NHS groups
- Attended community plan groups to ensure looking at patients needs
- Established plan for future events
- Evaluate outcomes of events
- Investigate other preventative screening measures
- Allowed community services to promote services
- Short films in progress – GP explaining pathways to new patients, local wellbeing groups

### How many people have benefitted?

Approx 100 people in the community attended event in May and 60 in Feb.

Approx 50 exhibitors and organisations connecting & networking

Highlight:

**"Showing that health advice & promotion in the community, outside a health setting works and how we can help more people in the future."**

### Next steps/Legacy?

- Planning 12 months of events and screening opportunities with different organisations across the cluster
- Work with neighbouring clusters to collaborate in community
- Enhance health screening in the community
- Events held in South West have inspired events in other clusters
- Collaborate with more organisations
- Films will be shared in GP surgeries and online in May

## Action point: 4.4 Sharing patients' lived experience with GP reception staff

### What have you done?

- Look at how ACE can deliver training for GP practice Staff
- Allocated time for ACE to carry out training with appropriate staff
- Speak with non-clinical GP Practice staff to identify areas of improvement for support
- Find out from patients what their issues are
- ACE shared a patient's story with GP practice staff at CPET in December and delivered training on supporting patients with mental health concerns in reception
- Non-clinical practice staff shared ideas for support and improvement, which were fed back to GP practices

### How many people have benefitted?

- Non-clinical staff from 9 GP practices and Practice managers have benefitted from additional training
- Patients in the community have benefitted from additional support from practice staff

### Next steps/Legacy?

- Continue to find areas of improvement for practice staff
- Work with ACE to look at future training
- Create videos to set expectations and share knowledge
- Promote avenues for health advice i.e. NHS app/ pharmacies/ Surgeries



## Action point: 4.5 Deliver a social prescribing partnership (YourSpace)

### What have you done?

- Ongoing assistance provided to 4 community-led support groups - providing space to meet, refreshments and funding information
- Regular walking group led by a local volunteer
- Regular bereavement peer support sessions delivered by staff
- Engagement with Cardiff West Community High School to provide wellbeing support to pupils
- Brought in additional financial support services for participants

### How many people have benefitted?

- Number of people referred - 345
- Number of people seen by a wellbeing connector - 277

### Next steps/Legacy?

- This service is currently funded until February 2026, however we hope it will continue for longer
- Some of the community-led activities are not dependent on funding and can continue with ACE's support into the future



**YourSpace**  
Wellbeing Service



**Dydd  
Presgripsiynu  
Cymdeithasol**  
19 Mawrth 2025

**Social  
Prescribing  
Day**  
19 March 2025

# Highlight

“I am overall better, as things are much more positive compared to when I last went to the GP at the start of the year. I'm glad I'm back doing something with my days, it's relieving.”

“Thank you for just being there, it's refreshing to be able to speak to someone and just be able to get things off my chest which I find difficult to express to my family.”



## **Theme 5: Employment, living standards and cost of living**

# Lead: Barnardo's

## Action point: 5.1 – Launch the youth community fridge

### What have you done?

- Set up community fridge sessions hosted at North Ely Youth Centre, delivered by Barnardo's.
- Delivered 12 community fridge sessions, largely focused on developing cooking skills, confidence and education around food.
- 2 advocacy workshops have been facilitated, to better understand how young people access food in their communities.
- One young person who actively shaped the service is now employed part time, as a Youth Advisor, to the partnership. They are making youth led content on TikTok which is proving popular amongst young people.

### How many people have benefitted?

Over 20 young people have accessed a community fridge sessions.

6 young people have participated in advocacy workshops and contributed to: [A Recipe for Success | Barnardo's policy](#) report, published by the Partnership. The findings were shared at Labour and Conservative party conferences in the Autumn of 2024. The Government has committed to extending the Holiday Activities and Food Programme. One of our key recommendations from 'A Recipe for Success'- something Ely young people have influenced.

### Next steps/Legacy?

Continuation of work in 2025/26.

Build supply of surplus food to stock the fridge.

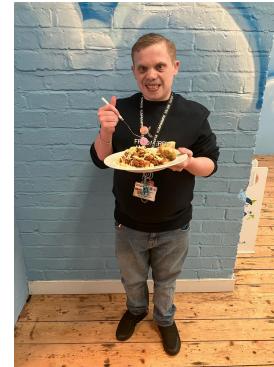
Engage with and inform more young people about the community fridge to increase numbers of young people accessing the service.

Our second report will be published in the coming months and focused on young people's engagement in local food partnerships. Ely young people participated in a focus group as part of the research.

# Highlight



*“I love it!”*



*“Food was lush!”*



*“I learnt you don’t have to buy branded things – non branded are the same thing!”*



100% of young people feel better at cooking or understanding food.

Young people have most enjoyed eating the food they have prepared and being able to eat with friends or other young people.

*“The food tastes banging!”*

Young people are developing skills and trying new foods e.g. passionfruit, avocado.

Excellent partnership working with Youth Service.

## Action point: 5.2 Young Person's Guarantee and 5.6 Targeted employment support p.1

### What have you done?

Increased drop in sessions in Ely & Caerau, working closely with partners such as ACE. Drop-in session offered in Ely & Caerau Hub, Greenfarm Hostel, Copthorne Hotel, New House Lodge & Dyfrig House

Develop tailored engagement events in EC Community Hub to promote academies / skill support available from IWAS

Increase mentoring provision, supporting Probation services engage individuals with complex barriers

Engage with specific client groups residing in Copthorne Hotel and GreenFarm, providing specific mentors to engage with families and family fun days throughout the summer

### How many people have benefitted?

\_\_\_\_\_ young people in Ely have received one to one mentoring support from a Youth Employment Mentor to help them remove barriers to Employment, Education and Training

\_\_\_\_\_ young people in Ely have received one to one mentoring support from a Youth Employment Mentor to help them remove barriers to Employment, Education and Training  
11 learners from CWHS were supported to access BTEC Lvl 2 in Hairdressing, each achieving a Lvl 2 qualification in First Aid and receiving a hairdressing kit and embroidered tunic to start their course.

30 young people have been supported to start or further their career in the Beauty industry. Each young person completed free training around digital marketing and self-employment, with 60 training courses completed in total.

4 Care Experienced young people have completed supported work placements in Ely Hub, Lew's Café, Buttons and Bows Nursery & Clive Windsor Primary School

### Next steps/Legacy?

- Continuation of work in 2025/26
- The partnership between ACE, Cardiff Council, probation and Grand Avenue is on-going and proving to be very beneficial for the local community
- In the next financial year, dedicated mentors for those individuals who are over the age of 50 will attend the Caer Heritage to hold drop in sessions as large volunteering groups for 50+

## Action point: 5.2 Young Person's Guarantee and 5.6 Targeted employment support p.2

### What have you done?

- The Learning Pathway Teams provide support at Ely Hub with weekly Digital Support sessions and workshops, as well as adhoc accredited courses that meet local demand
- Learning Pathway teams deliver courses to parents at 5 local primary schools
- Learning Pathway Teams regularly attend Over 50's Sheltered Schemes
- Learning Pathways delivered numerous courses at St Vincents Community Centre. These have included Digital Skills workshops, Barista Skills, Cookery Skills and Level 2 Food Safety qualifications
- Learning Pathway teams hosted a range of family activities, cookery workshops, creative workshops, First Aid tasters, and employability skills sessions at the Copthorne Hotel and GreenFarm Hostel during the School Holidays.

### How many people have benefitted?

- 3 self-employment workshops and 25 Highfield Courses where 142 learners have gained accreditation
- 79 parents benefited from COAB and accredited numeracy workshops, 11 parents gained Level 3 First Aid, 7 parents gained Level 2 Food Safety, 24 parents completed child-based accredited courses
- In Sheltered Living Schemes in Ely, 64 instances of Digital Support were provided and 40 residents completed Creative Art Workshops and COAB courses.
- 6 volunteers upskilled and now volunteer within the St Vincent's Community Cafe

### Next steps/Legacy?

- Continuation of work in 2025/26
- Evaluating service delivery and expanding training from local facilities

Number of people engaging with the service  
(number of individuals who have engaged)  
1399

Number of people supported into employment  
(number of individuals) 156

Number of people supported with volunteering opportunities (number of individuals) 27

Ely residents who completed accredited training between May 2024 and March 2025 130

Caerau residents who completed accredited training between May 2024 and March 2025 124

# Highlight

## Events:

- Cardiff West High School: Sept 2024: The Gateway delivered number a CV workshops for Cardiff West High School Students. During the sessions jobseekers were able to ask questions about tailoring CV to specific sectors, gaps in experience and potential interview questions.
- Cost of living event -Nov 2024: The Engagement Team organised a Cost of Living event, Saint Vincents Parish, Ely . The event was attended by partner organisations providing advice and support on a range of cost of living initiatives, attendees were able to engage in fun taster sessions and crafts activities.
- Christmas Online Recruitment Event: - 16/10 1pm-3pm: We held an event supporting job seekers to apply for Christmas Online Vacancies in Ely Hub, the event generated 36 referrals for mentoring projects and a number of Christmas retail job applications were completed.
- Cardiff South West Cluster Health Fair – 25/02 10am-2pm – hosted at the Western Leisure centre. 30+ organisations with focus on health and wellbeing attended. The health fair provided the Engagement team an opportunity to engage with Cardiff West residents and promote Into work training and job club sessions.
- Youth Careers day – 05/03 1pm-4pm – hosted at Ely Hub. The event was held during National Careers Week and was aimed at providing Careers/Training support to Young individuals living in the West of the City. Jobseekers were able to access Volunteering opportunities, get advice of Self employment and improve their Digital skills. Cardiff ITEC and Cardiff Metropolitan University were also on hand to promote Widening Access opportunities.
- Other (monthly events/drop-ins):
  - These sessions are aimed at Parents/Care Givers, we provide Information and support on Employment and Training Opportunities
  - Severn Primary – attending coffee mornings and offering a drop-in service and info session (04/03 9am-11am)
  - Peter Lea Primary - attending coffee mornings and offering a drop in service and info session (13/02 9am-11am, 21/03 9am-11am)
  - Family Play and Wellbeing at Caer Heritage Centre - attending the group and offering a drop in service (28/01 1pm-3pm, 18/02 1pm-3pm, 25/03 1pm-3pm)
  - Woodlands High - attending coffee mornings and offering a drop in service and info session (14/03 1pm-3pm, 08/04 9am-11am)

When CH first met his mentor, CH had been out of work for a long time and wasn't sure where to start with getting a job. His mentor got to know CH and they discussed his skills and strengths, and agreed that a career in the rail industry would be something CH would like to investigate. CH was really enthusiastic at the thought of this, but a little anxious about the process.

With some reassurance, CH was able to complete some Adult Learning courses in First Aid and COSSH. His tutor gave feedback stating that CH had engaged well and passed with ease. CH's mentor relayed this information to CH which CH said gave him a great boost of confidence.

CH's mentor encouraged him to attend a jobs fair in Ely hub. During this, CH met the Onsite Construction Academy team who encouraged him to put his name down for a 'Get into PTS' course that was running soon with Vital Rail. CH was excited and really wanted to go onto the course as he believed this would be a great opportunity for him to complete the course and get into work.

CH's mentor met with CH before the course to make sure he was ready and they also planned his travel to the training location together in Pontyclun. CH said that his family were excited for him doing the training and he was proud to say they had all contributed to buy him some safety equipment for his career.

CH aced the training! He made such a good impression on the course that he was offered a job within the team and is currently working on the railways. CH has told his mentor that he is really happy and enjoying his job.

# Lead: Cardiff Commitment, CC

## Action point(s): 5.3 Delivering apprenticeships, jobs and training through major local developments and employer partnerships: Our Cardiff Commitment (p.1)

### What have you done?

- 17 Week Debate Mate Programme for Cardiff West pupils
- Work Experience Programme 'The What's Next Award' delivered for year 12 pupils 2024 and launched for year 12 pupils 2025
- Celebration Event for all pupils who completed work experience 'The What's Next Award'
- Delivered What's Next Award Employer Fair for pupils to engage with potential host employers for work experience
- 10 week Junior Chef Academy completed for year 1-0 CWCHS pupils

### How many people have benefitted?

- 16 pupils accessing work experience July 2024 via *The What's Next Award* ([Impact Report](#))
- 30 pupils accessing work experience programme to be placed on work experience July 2025
- 24 pupils attended *The What's Next Award Employer Fair* to support choosing work experience placements for July 2025
- 12 pupils completing Junior Chef Academy 23/24 ([Impact Report](#)) 12 pupils completing Junior Chef Academy 24/25 ([Further Information](#))

### Next steps/Legacy?

- Compass Group delivering Junior Chef Academy every year at CWCHS
- Legacy work with Principality Stadium Experience and Compass Group to support Junior Chef Academy Pupils and other pupils at Cardiff West to access part time employment at Cardiff City Stadium and Principality Stadium
- The What's Next Award to continue with Year 12 pupils from CWCHS and Cantonian High School. Work experience Placements in July 2025.

# Lead: Cardiff Commitment, CC

## Action point(s): 5.3 Delivering apprenticeships, jobs and training through major local developments and employer partnerships: Our Cardiff Commitment (P.2)

### What have you done?

- Construction Engagement Programme delivered with year 10 pupils at CWCHS in 23/24 and 24/25 – Wates included (development in Caerau)
- Connecting pupils from CWCHS to apprenticeships offered by Business Forum partners working with the school
- Developed further relationship with Mary Immaculate to explore supporting work experience
- Developing a targeted Special School Teaching Assistance Pathway with Western Federation and exploring further with Cardiff West & Mary Immaculate Health & Social Care pupils. Very early stages.

### How many people have benefitted?

Construction Engagement 23/24 – 54 pupils ([Impact Report](#)), 24/25 – 23 pupils

30 pupils accessing the Debate Mate Programme

23/24 Year 11 pupil now accessing apprenticeship opportunity with Thrive Salon who delivered a 6 week 'Create Your World' programme at the school

1 young parent accessing employment via [www.whatsnextcardiff.co.uk](http://www.whatsnextcardiff.co.uk)

### Next steps/Legacy?

- Continuing the Construction Engagement work with CWCHS pupils
- Further to sponsor meetings, Debate Mate to continue at Cardiff West (and another 7 schools in Cardiff) if funding confirmed from private sector
- Develop further the Special School Teaching Assistant Pathway with Western Federation, Mary Immaculate and Cardiff West Community High School.

# What's Next Award Celebration Event & What's Next Launch Event

"I did my work experience in Evershed Sutherland Law firm and I have like contemplating doing a law degree or like just going into law in general. But then I just thought, oh, it was a bit boring. But actually working in the office, getting to experience what it's like working in the law industry, it was just like, oh wow, this is something I definitely want to do.

"I did my work experience at PwC and honestly it was the most fun I've had in a while. We did a lot, we did a lot about ethical hacking and electronics as well and also seeing the environment of an office and how like it wasn't as quick as you might think it was. It was really useful to see and make me feel a bit calmer about my future processes.



## What's Next Award Work Experience – Cardiff West

“Was such a great experience to have N with us from day 1 to today truly transformational he's like a new person I'm not sure I could even capture this progress in an email even if I had tried. N has some very high to medium needs however we fully embraced that and provided a week that met his needs and he learnt lots! He's actually now a young person accessing our services!!!! What an outcome!!

If I could nominate N for some sort of award please let me know how I can do this – this placement has gone far better than myself, N and school could have planned”

Cardiff Youth Services – Cardiff West ALN pupil N was placed with the youth worker.

## Highlight

- Pupils accessing employment as a result of engaging in work experience through The What's Next Award and through engaging with businesses we have connected to CWCHS
- Pupils gaining a better understanding of the work environment and expectations of the workplace
- Pupils being able to choose work experience placements further to meeting host employers and gaingin a better understanding of the work experience offer
- Young People accessing employment via our [www.whatsnextcardiff.co.uk](http://www.whatsnextcardiff.co.uk) website
- Pupils, via Debate Mate, developing skills to help them in school and in life, being exposed to employers such as Admiral, Legal & General and Principality Building Society
- Legacy work with Principality Stadium Experience and Compass Group to support Junior Chef Academy Pupils and other pupils at Cardiff West to access part time employment at Cardiff City Stadium and Principality Stadium

# Lead: Cardiff Commitment, CC

## Action point(s): 5.4 Business Partnerships with local schools: connecting young people to the jobs of tomorrow

### What have you done?

Virtual Open Your Eyes Week delivered in June 2024 and November 2024

AtkinsRealis // UK Space Agency  
KPMG // Screen Alliance Wales  
Sacyr & Velindre // Ogi

In person 'Spring Experiences' Open Your Eyes Week delivered with:

- Pencaerau and Big Learning Company
- Hywel Dda, Specsavers & Big Learning Co.
- Shape My Street delivered 23/24 Nant Caerau (LCB) & Pencaerau (Centregreat)

Shape My Street, Shape My School 24/25 delivered for Pencaerau (LCB), Herbert Thompson (Rio Architects) & Ysgol Nant Caerau (Wates) – 2 workshops and 1 project

Digital Project with NDEC & PwC for Trelai Primary – Cyber Security outreach – 23/24

Construction Engagement Programme delivered with year 10 pupils at CWCHS in 23/24 24/25

Early Years Project with Ely & Caerau Children's Centre – engaging children with Salon at Cardiff West and a cooking class delivered by CAVC

### How many people have benefitted?

- **227 pupils accessed Open Your Eyes Week – [Impact Report](#)**
- **87 Pupils access OYEW Spring Experiences – [Impact Report](#)**
- **SMS 23/24 – Ysgol NC – 30, Pencaerau – 30 ([Impact Report](#))**
- **SMS 24/25 – Ysgol NC – 30 ([Impact Report](#)), HT 50 ([Impact Report](#)), Pencaerau – 29 ([Impact Report](#)) Total – 109**
- **Digital Project – 133 pupils ([impact report](#))**
- **10 children engaged with Early Years Project**

### Next steps/Legacy?

- Continuation of Virtual Open Your Eyes Week November 2025
- Working with the Cardiff Curriculum Team and Contractors to expand Shape My Street and Shape My School
- Working with the Curriculum Team to expand Digital offer in Cardiff West cluster
- To continue to support Cardiff West Community High School Business Forum



# Shape My Street, Shape My School

## Herbert Thompson Primary - Rio

### Workshop 1&2 academic year 24/25

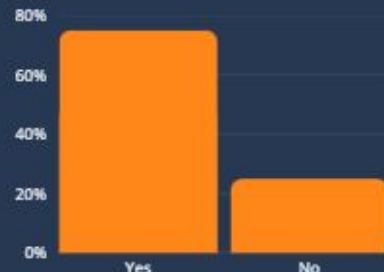
116 Student Engagements



Do you think working in construction and architecture would be interesting?



Did you learn something new about construction, and architecture?



#### What was your favourite part of the session?

*'Designing the models, using the building nets'*

#### What was the most interesting thing you learned?

*'Learning about Sarah and Andrews jobs, and what architects do'*

#### How could we improve the session?

*'Make sure there is enough time at the end for sharing ideas....and having a competition or vote'*

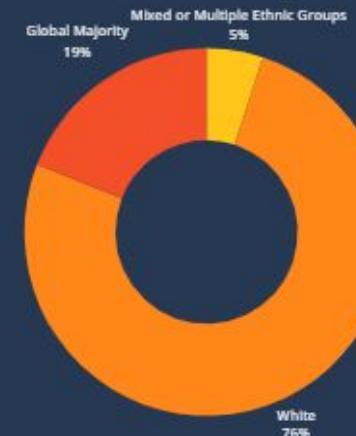
#### Partner Feedback

*"This project was a meaningful opportunity to inspire young minds and empower them to shape their learning environment and create a connection to their community. By engaging Year 3 pupils in hands-on design activities, we not only supported their creativity and curiosity but also contributed to the new inquiry-based curriculum for Wales. It also allowed us to meet our social value outcomes by investing in education, promoting inclusivity, and enhancing community well-being through collaborative design." Sarah Wason, Rio Architects*

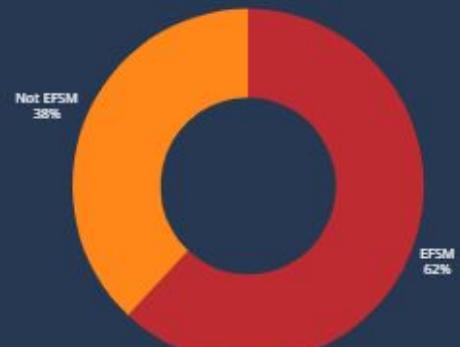
*'The project allows children to feel involved in their own environment. The children felt a sense of achievement at the end of the first workshop. Students were able to learn about what a real architect is and this has provided an opportunity for them to think of their future careers.'*

*Ella Barker, Year 3 Teacher*

#### Ethnicity



#### Free School Meals:



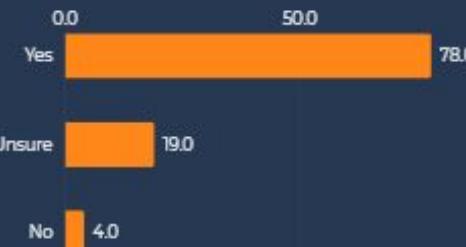
# Construction Engagement Cardiff West Community High School

227 Student Engagements



## Student Feedback

**Would you consider a career in the construction industry after experiencing what it is really like?**



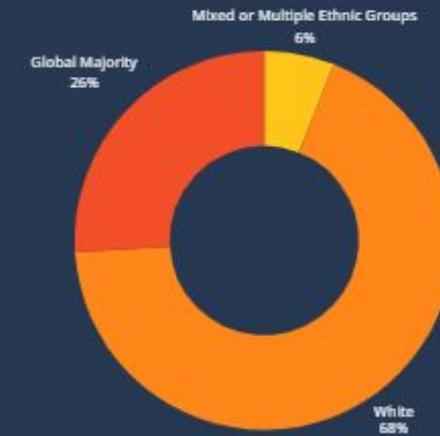
## What did you like most about the Project?

*'The authentic real-life experiences that have been brought to the pupils has been priceless....it has also been a big support after the Engineering teacher left.... this project has kept the pupils interested in the subject and prevented a lot of them from wanting to drop it/not attend the lessons.' DT Lead CWCHS*

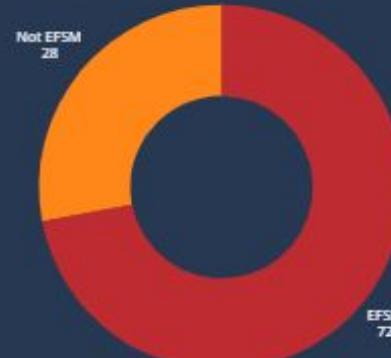
*'I learned a lot of stuff, I thought it was very exciting, especially when we saw the welding and the fire cutting, I thought that was amazing, overall I've had an amazing experience' Construction and Engineering Student*

*'Given the success of the project and the brilliant outcomes we decided to apply for the award of Community Focussed Contractor with the Chartered Institute of Housing (CiH) given the level collaboration the project required. We look forward to the next iteration of the project to make it even better with our valued partners for the future workforce of our city' Scott Davies LCB Construction*

## Ethnicity



## Free School Meals:



# Lead: Cardiff Commitment, CC

## Action point(s): 5.5 Industry nights - Business Partnerships with local schools: connecting young people to the jobs of tomorrow

### What have you done?

- *Delivered a Hospitality Showcase event for Cardiff West pupils Sept 2024*
- *Delivered a Construction Industry Evening at North Ely Youth Centre*
- *Delivered a Digital Technology Industry Evening at North Ely Youth Centre*
- *Delivered The What's Next Award Work Experience Employers Fair at Cardiff West for Cardiff West and Cantonian Pupils*

### How many people have benefitted?

- *37 pupils attended the Hospitality Showcase Event*
- *20 young people attended Construction Industry Evening*
- *7 young people attended the Digital Technology Industry Evening*
- *24 pupils attended The What's Next Award Employer Event*

### Next steps/Legacy?

- *Explore with Cardiff Youth Services best way to engage young people via Industry Evenings*
- *Continue to deliver Hospitality showcase event at Cardiff West in line with their Hospitality Programme and Junior Chef Academy*
- *Continue to deliver The What's Next Award Employer Fair to support work experience for pupils at Cardiff West*

# Highlight



- Pupils gaining a better understanding of the work environment and expectations of the workplace
- Pupils being able to choose work experience placements further to meeting host employers and gaining a better understanding of the work experience offer
- Young people engaging with employers in their community

## Action point: 5.7 CAER Heritage and learning centre

### What have you done?

- 10 Adult Learning Courses
- 28 Community and partnership Events
- 4 School visits in the centre to learn about archaeology and the history of the hillfort
- 8 School visits to the Trelai Dig
- Being Human event london / cardiff
- Scottish Crannog Centre partnership
- Trelai Community dig 2024
- 2 Volunteer celebration events
- 6 week timetable of events during the summer holidays

### How many people have benefitted?

Adult Learning & training courses: 75

Community & partnership Events:  
373

School pupils visiting centre: 155  
Being human event: 140

Trelai Dig 2024: 852  
School pupils at the trelai dig: 240  
Trelai community dig open day: 648

Crannog Centre exchange: 5  
volunteers  
Volunteer celebration events: 38

### Next steps/Legacy?

- Adult learning courses booked until May 2026
- Cardiff council to deliver training with us
- Increase community events during school holidays 2025
- Share with Schools visits to the centre to create learning opportunities for high school students visiting the centre
- Trelai Community Dig 2025!
- Community dig event on Trelai park open to all
- Partnership visits to Crannog centre and back to Caer centre

# Highlight

## **Adult Learning courses:**

Starting your own business  
Working in Care // Careers in Childcare  
Childs Play // Creative Writing  
Criminology // Careers in Education  
Edible Gardening // Prehistoric Pottery  
Criminology taster

## **Partnership and community events:**

Literacy Trust - nature explorers  
Careers Wales // Caer Fest  
Garden Open day // Big Dig  
Exer Gaming // Therapy Dog session  
Yoga for Kids // Literacy Trust Games  
Caer Kids Games sessions x 10  
Harvest Festival // Halloween Party  
Being Human Festival  
Christmas Party for volunteers  
Brew Monday // Bulb Planting session  
Plant Play paint // Careers Week  
Being Human // Postcode Gardener

CAER Heritage centre has been gradually transformed into a hub of activity, bringing together people of all ages and backgrounds, and providing valuable resources, support, and connections to everyone in the community.





## **Theme 6: Communication and community building**

## Action point: 6.1 Delivering a community directory and website

### What have you done?

- Submitted bid to Lottery People and Places for £97,000 grant over 2 years to develop and sustain a community website
- Developed partnership of 9 local groups to co-sign the bid, speaking with each individually.
- Visited 5 groups, held 2 open meetings and ran a survey
- Collated and shared holiday activity timetables with parents through schools for summer and half terms through 24/25.
- Hosted calendar made with Adam Poole (CC) on website.

### How many people have benefitted?

Approx. 100-200 people engaged with shaping the project proposal:

- 85 people responded to the online survey about the need for a website
- 12 ppl at open meeting in July '24, 35 at one in Oct '24.
- 20 older people at Endeavour, 5 at 'Beyond Differences', 10 women at Sisterhood, 20 at CAER Carer's Club, and 30 young people at summer camp at CWCHS

### Next steps/Legacy?

- Should hear back from Lottery in mid-May if funding will be awarded.
- If successful, ACE will start work on project from June '25
- 9 core partners would draw up a partnership agreement, choose a web designer from a shortlist and start meeting with them to design the site.
- Project plans include new group for young people as regular content creators.
- Aim to recruit local young person as social media lead.

The community partnership to develop a website if funding is awarded includes:

- Beyond Differences disability peer support group
- St. Vincent de Paul Centre (SVP)
- Endeavour - older people's speakers club
- CAER Carers club
- Caerau Ely Community FC
- North Ely Youth Activity Centre
- CAER Heritage and Learning Centre
- Salvation Army Centre
- Sisterhood group at Pencaerau Primary school

# Highlight

*“Having our own website gives us the platform and creative freedom to tell our own stories our own way, challenge stigma, celebrate our successes and lift up the people in our community who are making incredible contributions.”* - quote from funding bid

*“The young people will receive training in digital skills such as design, video editing, podcasting and presenting skills, which will support them to become regular content creators for the website once it is live, in addition to being involved in its development.”*  
- quote from funding bid

## Action point: 6.2 Develop a model for Community Transport and seek funding

### What have you done?

- 2 open meetings to share ideas with over 40 residents
- Learning trip to Snowdonia to visit 3 community transport projects
- Meetings with Community Transport Association (CTA)
- Met with 5 key partners in Sept and developed plan for shared use of community minibus
- Developed first draft funding bid but unfortunately it was unsuccessful.
- Decided to focus efforts on website bid

### How many people have benefitted?

- Over 40 residents involved in open meetings to share ideas and shape proposal
- Unfortunately this action was unsuccessful in securing funding, but Cardiff Foodbank is working on a campaign around affordable/ adequate bus services and the work could be used towards outcomes for that campaign.

### Next steps/Legacy?

5 key partners came together to design draft bid - this work could still be useful if one of the groups has resources to take it forward, gather evidence needed and submit another funding application for a community transport solution with support from CTA.

# Lead: ACE - Action in Caerau and Ely

## Action point: 6.3 Develop local active citizenship through the continuation of our Community Steering Group and supporting new partnerships.

### What have you done?

- CSG met 3 times, total 26 people. 4th meeting April.
- CSG voted to continue meeting after the end of the plan.
- New local food network est. in Feb '25 to support each other with food projects in E&C.
- New Green Spaces network met 3 times (9/24, 10/24, 3/25)
- Supported Learning Partnership Board with gathering input from 183 children, YP & parents
- Website partnership developed
- Workshop in May '25 to map out partnerships landscape

### How many people have benefitted?

- 26 people in total met in 2024, with 30 on the invitation list.
- 12 people in the food network
- 24 people at green spaces mapping, 8 at next green spaces network meeting
- LPB Core group of 14 listened to 63 children, 18 young people and 49 parents in person.
- 9 local groups are in the website partnership

### Next steps/Legacy?

- CSG will continue beyond the community plan with a wide remit - workshop to explore what this means in May.
- Local food network meets again in May, whatsapp group set up to support food sharing
- Green spaces network being supported by Postcode Gardener project in 25/26
- 'Camau bach' project taking listening forward in 25/26
- 9 core partners will start collaboration on website if funding is awarded in May '25

# Highlight

Community Steering Group includes representatives of residents (3), police (4), schools (5), churches (1), primary care (2), youth (1), local charities (3).

CSG will meet in May to explore what their contribution/function (with a wide/umbrella remit looks like in the context of other local partnerships around focused issues:

- Food network
- Green spaces network
- Learning Partnership Board
- Camau Bach 'voices' project
- Caerau and Ely Sports Trust
- Tenants Action Group
- PACT, etc....



"Working together on the community plan has kick-started a lot more partnership working across the community. It gave people a chance to work together and get to know each other better. Some of these emerging partnerships, networks and projects where different groups are working together closely would not have happened if not for the catalyst of the community plan."

# Lead: Multiple groups and organisations

## Action point: 6.4 Celebrating our community... through festivals

### What have you done?

- 5 festivals/ fun days were listed in the community plan.
- Of these, 4 went ahead with over 1,300 people attending
- In addition, over 12 more festivals and fun days brought the community together in 2024!
- Events have been put on by:
  - ACE / CAER heritage
  - St. Vincents Centre
  - E&C Childrens Centre
  - Ely and Caerau Sports Trust
  - Cardiff Youth Service
  - 4 local churches
  - Glamorgan Wanderers... etc.

### How many people have benefitted?

- 100 - Community Health Fair (May)
- 60 - Community Health Fair (Feb)
- 650 - CAER Heritage Trelai Big Dig/ACE fun day (Jun '24)
- 540 - youth festival/activity camp with CYS at Cardiff West (Aug '24)

Plus hundreds more across the church fun days and events at CAER Heritage and the Dusty Forge, at multiple churches, and not forgetting the hugely popular community fireworks displays with thousands of visitors.

### Next steps/Legacy?

- Culture of local organisations, groups and venues increasingly sharing on social media and promoting each others' events
- Supported by ACE providing school holiday activity timetables to parents through school texting platforms
- If funding for website is successful, greater collaboration and promoting of community events will be easier

*Incomplete list of fun days/festivals in 2024:*

- 2x Community Health Fairs - May/ Feb
- CAER Heritage Big Dig/ACE fun day
- Youth Festival day at Cardiff West High
- July '24 Fun days at:
  - Church of the Resurrection
  - St. David's
  - Bethel
  - Ely and Caerau Children's Centre Fair
  - Halloween @ CAER
  - Autumn Party @Dusty
  - Harvest Festival @ CAER
  - Family Fun Day @ Reflect Church by Hillfort News
  - Christmas tree festival @Church of the Res
  - Winter Celebration @ Dusty Forge
  - Various firework displays
  - Light up the Forest @ Diana Garden
  - Christmas craft fairs at SVP and other venues
  - Christmas Party @ CAER
  - Multiple events at SVP

# Highlight



## Action point: 6.5 Deliver a dedicated Community Grants Scheme for Ely & Caerau in 2024-2025

### What have you done?

#### 1. Barnardo's Shared Prosperity Fund Service:

Organized a summer camp for ages 8 to 16 years, including multi-sports, wellbeing sessions, and free meals.

#### 2. Lighthouse Young Eagles Club:

Created a sustainable fruit and vegetable garden maintained by children.

#### 3. Cardiff City FC Community Foundation:

Conducted various activities including stadium garden maintenance, cohesion workshops, regular football sessions, stadium tours, and player visits to primary schools.

#### 4. Rubicon Dance:

Held dance sessions for adults with complex needs at Ely Hub.

#### 5. St Vincent's Ely Bridge:

Hosted weekly men's group and fitness classes, facilitated trips, and provided cost-of-living support.

#### 6. Action in Caerau and Ely (ACE):

Extended the Dan y Coed outdoor play programme to new venues, focusing on nature exploration and outdoor play.

#### 7. Welsh National Opera (WNO):

Connected children with older residents through music and storytelling sessions

### How many people have benefitted?

Total of **1,184** people engaged across **seven** projects.

**1. Barnardo's Shared Prosperity Fund Service:** 504 contacts, including 266 primary school pupils.

**2. Lighthouse Young Eagles Club:** 30 to 40 attendees.

**3. Cardiff City FC Community Foundation:** 274 people across 22 events.

**4. Rubicon Dance:** 28 people, including service users, carers, and support staff.

**5. St Vincent's Ely Bridge:** Weekly events with an average attendance of 50 people, trips with 65 attendees, and cost-of-living support for 33 people.

**6. Action in Caerau and Ely (ACE):** Approximately 50 parents and young children.

**7. Welsh National Opera (WNO):** 40 people, including 10 children and 30 older adults.

### Next steps/Legacy?

**1. Barnardo's Shared Prosperity Fund Service:** Plan to replicate the event during October half-term and support year six pupils with their transition.

**2. Lighthouse Young Eagles Club:** Build more raised beds and erect a portable greenhouse for seedlings.

**3. Cardiff City FC Community Foundation:** Continue regular sessions and workshops to promote community cohesion and resilience.

**4. Rubicon Dance:** Continue sessions until July 2025, seeking further funding for continuation.

**5. St Vincent's Ely Bridge:** Continue supporting the community through regular events and activities.

**6. Action in Caerau and Ely (ACE):** Develop a new outdoor play space and plan a new bid to further roll out the Dan y Coed approach.

**7. Welsh National Opera (WNO):** Continue to maintain contact between the school and Forge Community Care Centre.

# Highlight

- 1. Barnardo's Shared Prosperity Fund Service:** Parents appreciated the camp for providing a safe and engaging environment for their children.
- 2. Lighthouse Young Eagles Club:** Parents enjoyed watching the plants grow and participating in gardening activities.
- 3. Cardiff City FC Community Foundation:** Activities fostered teamwork, inclusivity, and long-term friendships.
- 4. Rubicon Dance:** Participants and support staff experienced noticeable benefits in engagement and stimulation.
- 5. St Vincent's Ely Bridge:** Positive impact on health, wellbeing, and community connections.
- 6. Action in Caerau and Ely (ACE):** Sessions built trust and relationships with community members facing significant barriers.
- 7. Welsh National Opera (WNO):** Children and older adults formed friendships, strengthening community bonds.

“The seven projects have collectively fostered community cohesion, inclusivity, and personal growth in Ely and Caerau by engaging over 1,184 individuals in diverse activities that promote wellbeing, resilience, and meaningful connections across generations.”

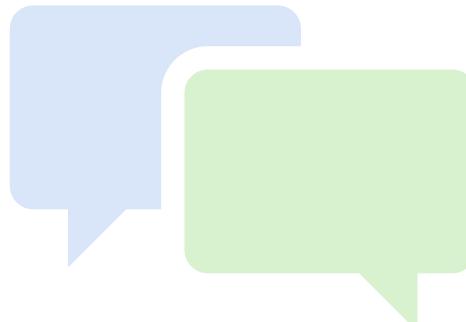


# Testimonials

• **St Vincent's Ely Bridge:** "The centre has helped me a lot over the past few months. They have brought back my motivation and interest in training. Everyone there is super helpful, and it's a nice place to go, chill, and have tea or coffee, or just a chat."

• **Welsh National Opera (WNO):** "One older person used to play the harp and said that they thoroughly enjoyed the singing and music activities. The children and older people have formed friendships with one another, with children excited to visit the Care Centre."

• **Lighthouse Young Eagles Club:** "Great idea to help keep the children occupied. This project is exciting and different to the normal, playing games. Something for the children to look forward to, watching the plants getting bigger each week."



• **Rubicon Dance:** "My son who attends this session is quadriplegic, has cerebral palsy, is blind, is nonverbal and has daily epileptic seizures and really benefits from these sessions. I join in weekly along with my son's support staff and I must say that we enjoy them as much as the participants."

• **Barnardo's Shared Prosperity Fund Service:** "My son attended the camp 2 days a week over the summer. I work from home and if he wasn't at camp he would have been sat at home on an iPad all day. It was so nice for him to be trying different activities and socialising with friends instead! He loved the skateboarding in particular."

• **Cardiff City FC Community Foundation:** "I was delighted to have received an award in December for Most Transformed participant of the Men Changing Lives Group, which has helped me to reflect on my positive achievements in times of challenging emotions."

• **Action in Caerau and Ely (ACE):** "The sessions were successful in bringing together local parents, their children, teachers, Flying Start playworkers, and CAER project workers, and helped build trust and relationships with community members who often have significant barriers to engagement."